PIASTA Welcome Week

Who, Where, What? A Short Guide to the University
Guide to Universität Hamburg

1. Who can help me organize my studies?
2. Who can help me with questions and problems?
3. What additional learning opportunities are available?
4. How can I get politically and (inter)culturally involved?
5. What leisure activities does the University offer?
1. Who can help me organize my studies?
Organization

- Campus Center
- Regional Computing Center (RRZ)
- State and University Library Carl von Ossietzky
- Around the faculty
- Studierendenwerk Hamburg
### Studierendenwerk Hamburg

**Accommodation**
- 26 residence halls with around 4,400 places
- Counselling Centre Accommodation (BeWo) for any questions about accommodation

**Social and International Affairs**
- Social, personal, and financial problems
- Students with children, international students, and students who have a chronic illness
- Counselling Centre for Social and International Affairs (BeSI) for any questions about social or international affairs

**Financing your studies**
- Federal student loan scheme, grants, scholarships, and funding abroad
- Counselling Centre for Study Financing (BeSt) for any questions about financing your studies

**Studying as a parent**
- Childcare centers
- Accommodation for single student mothers
- Flexible childcare services at Family Service

[https://www.studierendenwerk-hamburg.de/](https://www.studierendenwerk-hamburg.de/)
Campus Center

- Applications and admissions
- Enrollment
- All further administrative processes during your studies (e.g., semester public transport pass and semester contribution)
- “First aid” for students

Service Point and Service Telephone

First point of contact for any questions about studying at Universität Hamburg

[www.uni-hamburg.de/servicetelefon](https://www.uni-hamburg.de/servicetelefon)

Campus Center Forum

Online information and advising

Information and advising online—your studies: Universität Hamburg (uni-hamburg.de)
Regional Computing Center (RRZ)

- STiNE
- Wi-Fi and VPN
- University email
- Software for your studies
- Technical support
- Equipment rental

Contacting the RRZ:

Tel: +49 40 42838-7790, Mon–Fri: 9 am–4 pm
Email: rrz-serviceline@uni-hamburg.de

https://www.rrz.uni-hamburg.de/
State and University Library Carl von Ossietzky

- Digital catalog
- Workstations
- Database access
- Borrowing and picking up books
- Central library for all subjects
- ONLY subject-specific books in departmental libraries

https://www.sub.uni-hamburg.de/startseite.html
Around the faculty: academic office and departmental student representative committee

Academic office:
- First point of contact for any questions about planning and organizing your studies
- STiNE (e.g., course selection, entry of completed coursework, and examination registration)
- Advice on required and elective subjects

Departmental student representative committee (FSR):
- Organization of orientation modules (OEs)
- Student advising service for study-related matters

https://www.uni-hamburg.de/campuscenter/beratung1/weitere-beratungseinrichtungen/studienbueros.html
2. Who can help me with questions and problems?
Advising

Campus Center

ASTA (student council)

Department of International Affairs and PIASTA

Discrimination Complaints Offices at Universität Hamburg

Office for Students with Disabilities and Chronic Illnesses

Family Office

Universität Hamburg Campus Navigator (uni-hamburg.de)
Campus Center

Center for Academic Advising
• Services for prospective students, including refugees
• Advice on all questions related to your studies (e.g., pressure to succeed, stress, exam anxiety, and time management)
• Advice on dealing with doubts regarding studies (continue, change, or drop out?)

Psychological Counseling
• For worries and needs (e.g., self-doubt, learning difficulties, and fears)
• Advice on sexual harassment, discrimination, and violence
• Support for students with mental illness (HOPES)
For international students:

- **Katja Grannis**: advice on residential, social, and personal matters
- **Björn Stehn (attorney)**: legal advice
- **Nicolai Pudimat**: advice on scholarships

For all students:

- studying abroad (Erasmus+, worldwide, scholarships)
- Certificate Intercultural Competence (CIC)

https://www.uni-hamburg.de/internationales.html
Family Office

Studying and working with children

• Family-friendly studying
• Leaves of absence
• Regular childcare
• Parental leave

https://www.uni-hamburg.de/familienbuero.html
Office for Students with Disabilities and Chronic Illnesses

- Consultations
- Statements for teaching staff and examinations boards
- Organization of visits and events
- Introduction to using assistive technologies

https://www.uni-hamburg.de/studieren-mit-behinderung.html
Advice and help with ...

Conflicts related to examinations:
- In every faculty: ombudspersons (lecturers or student body representatives)

Discrimination during your studies:
- Discrimination Complaints Office for Students
- Aim: discrimination-free environment for studying at Universität Hamburg

Sexual harassment, discrimination, and violence:
- Campus Center Contact and Advising Services
- Discrimination Complaints Office for Students

https://www.uni-hamburg.de/campuscenter/beratung/beschwerdestellen.html
The semiautonomous sections continue to provide advising services in the following areas:

- For students with disabilities and chronic illnesses
- For international students
- For women and trans, intersex, and nonbinary people

AStA (student council)

- Academic, legal, and personal advising
- Advice on federal student loan scheme
- Labor law advice
- Tax advising for students
- Semester public transport pass hardship fund
- Advice for students with children
- Student-to-student psychological counseling

https://www.asta.uni-hamburg.de/
3. What additional learning opportunities are available?
Additional learning opportunities

- Writing Center
- Campus Center
- Learning other languages
- Campus Center and Center for Academic Advising

PIASTA Welcome Week | How Does Studying Work?
PIASTA—seminars and workshops

<table>
<thead>
<tr>
<th>Diversity skills</th>
<th>General study skills</th>
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<tr>
<td>Transcultural experience</td>
<td>Public speaking</td>
</tr>
<tr>
<td>Anti-racist ways of thinking and acting</td>
<td>Communication and presentation skills</td>
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<td>Staying motivated in your studies</td>
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</tbody>
</table>

Most of the workshops and seminars in the area of diversity skills are recognized as Component A of the Certificate Intercultural Competence (CIC).

https://www.uni-hamburg.de/piasta/veranstaltungen/seminare-workshops.html
Writing Center

- Individual consultations
- Writing workshops
- Weekly write-ins
- The Long Night of the postponed Term Papers

https://www.universitaetskolleg.uni-hamburg.de/ueber-uns/projektbereiche/schreibzentrum.html
Career Center

- Advising
- Mentoring
- Application coaching
- Seminars and workshops
- Career Days

https://www.uni-hamburg.de/career-center.html
Campus Center

Workshops on:

• Orientation
• Motivation
• Organizational skills
• Mental health
Learning languages at the University

General languages: Levels A1–B1 with course fees

University Language Center: Levels B2–C2 free of charge

Languages offered: Arabic, Chinese, Danish, Dutch, English, French, German as a foreign language, German Sign Language, Italian, Japanese, Korean, Latin, Low German, Portuguese, Russian, Spanish, Swedish, Turkish

PIASTA Language Cafés and Language Tandems

https://www.uni-hamburg.de/allgemeinsprachen.html

https://www.uni-hamburg.de/sprachenzentrum.html

https://www.uni-hamburg.de/piasta/sprachangebote.html
4. How can I get politically and (inter)culturally involved?
## Political and (inter)cultural involvement

<table>
<thead>
<tr>
<th>AStA (student council)</th>
<th>PIASTA</th>
<th>Student Associations and Initiatives</th>
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</thead>
</table>
| Appointed by the elected student parliament | • Welcome Week  
• Welcome Buddy Program  
• Intercultural PIASTA Evenings  
• Cultural events and leisure activities  
• Seminars and workshops  
• Language Cafés  
• Language Tandems  
• [https://www.uni-hamburg.de/piasta.html](https://www.uni-hamburg.de/piasta.html) | Here are just some:  
• Internships abroad with AIESEC  
• **Study Without Borders** addresses higher education in conflict areas.  
• Make the world a better place with Enactus  
• University Players  
• ESGroovt |

- Represent students in politics, administration, and public
- Support students with problems at the University
- Welcome Week, cultural courses, and political educational activities
5. What leisure activities does the University offer?
## Leisure activities

<table>
<thead>
<tr>
<th>University Sports</th>
<th>Music</th>
<th>Theater</th>
</tr>
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<tbody>
<tr>
<td>- Indoor</td>
<td>- Choir</td>
<td>- University Players</td>
</tr>
<tr>
<td>- Outdoor</td>
<td>- Orchestra</td>
<td>- Kalliope Theater</td>
</tr>
<tr>
<td>- Online activities</td>
<td>- Jazz band</td>
<td>- <a href="https://www.uni-hamburg.de/lpoeffentlichkeit/uni-hochkultur/kulturformate-der-uhh.html">https://www.uni-hamburg.de/lpoeffentlichkeit/uni-hochkultur/kulturformate-der-uhh.html</a></td>
</tr>
<tr>
<td>- Trips and outings</td>
<td>- <a href="https://www.unimusik.uni-hamburg.de/mitmachen.html">https://www.unimusik.uni-hamburg.de/mitmachen.html</a></td>
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<tr>
<td>- BEAT! (student health management)</td>
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<td>- <a href="https://www.hochschulsport.uni-hamburg.de/">https://www.hochschulsport.uni-hamburg.de/</a></td>
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Feedback

We hope that Welcome Week was a good way to start your studies! We depend on feedback to ensure that Welcome Week best meets students’ needs and wishes.

Please take our online survey and give us your feedback. It will only take a few minutes.
Thank you for your time!

Time for questions 😊