

PIASTA Welcome Week

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# Who, What, Where? A Short Guide to the University

# Welcome to our information session!

## Write to us in the Chat:

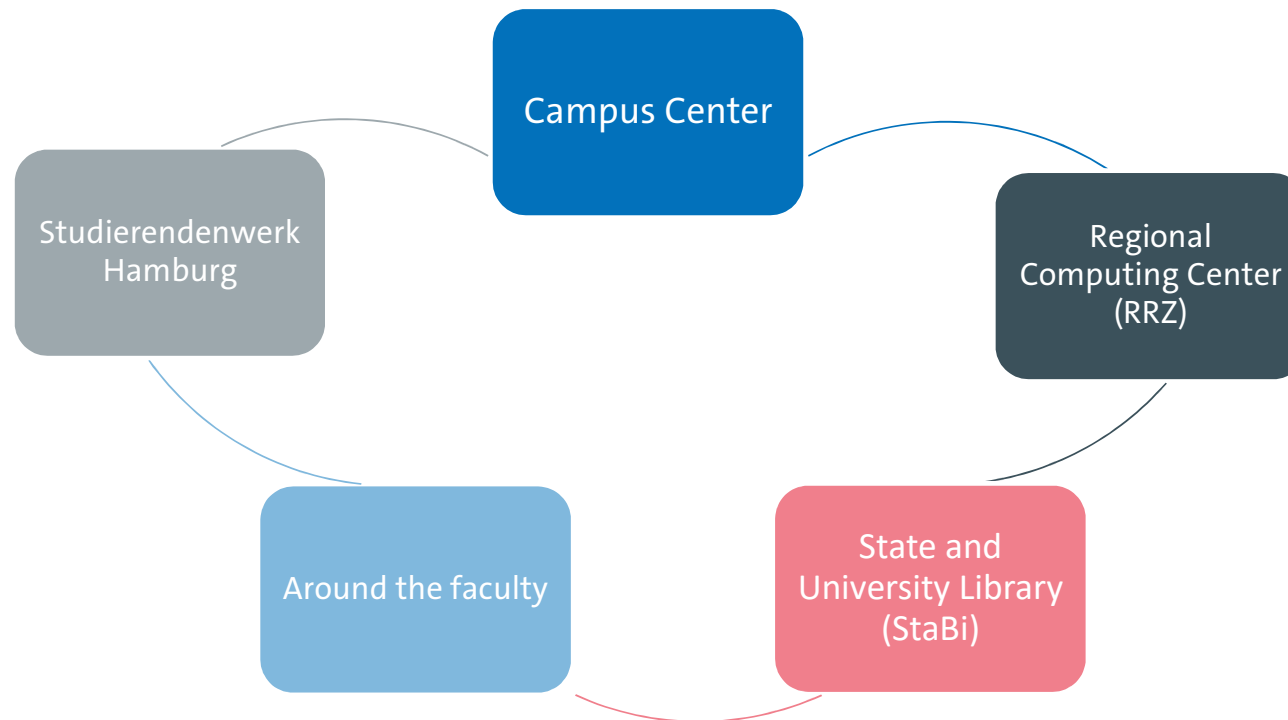
What extracurricular activities or responsibilities do you think you can manage while pursuing your studies at the university?

# Guide to Universität Hamburg

1. Who can help me organize my studies?
2. Who can help me with questions and problems?
3. What additional learning opportunities are available?
4. How can I get politically and (inter)culturally involved?
5. What leisure activities does the University offer?

# 1. Who can help me organize my studies?

# Organizing studies



# Campus Center

- Applications and admissions
- Enrollment
- All further administrative processes during your studies (e.g., semester public transport pass and semester contribution)
- *Erste Hilfe* information booklet for students

[Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

## Service Point and Service Telephone

First point of contact for any questions about studying at Universität Hamburg

[Information and Advising on the Phone : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

## Campus Center Forum

Online information and advising

[Information and Advising Online : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

# Studierendenwerk Hamburg

[Home: STW Hamburg \(stwhh.de\)](https://stwhh.de)

## Accommodation

- 26 residence halls with around 4,400 places
- Counselling Centre Accommodation (**BeWo**) for questions about accommodation

## Student financing

- Federal student loan scheme, grants, scholarships, and funding abroad
- Counselling Centre for Study Financing (**BeSt**) for questions about financing your studies

## Social and international affairs

- Social, personal, and financial problems
- Students with children, international students, and students with chronic illnesses
- Counselling Centre for Social and International Affairs (**BeSI**) for questions about social or international affairs

## Studying as a parent

- Childcare centers
- Accommodation for single student mothers
- Flexible childcare services at **Family Service**

# Regional Computing Center (RRZ)

- STiNE
- Wi-Fi and VPN
- University email
- Software for your studies
- Technical support
- Equipment rental

Regionales Rechenzentrum :  
Universität Hamburg (uni-  
hamburg.de)

Contacting the RRZ:

**Tel: +49 40 42838-7790, Mon–Fri: 9 am–4 pm**  
[rrz-serviceline@uni-hamburg.de](mailto:rrz-serviceline@uni-hamburg.de)



# State and University Library Carl von Ossietzky (Stabi)

- Digital catalog
- Workstations
- Database access
- Borrowing and picking up books
- Central library for all subjects
- ONLY subject-specific books in departmental libraries



[mehrsprachig | SUB Hamburg \(uni-hamburg.de\)](https://mehrsprachig.sub.uni-hamburg.de)

## Around the faculty: academic office and departmental student representative committee

### Academic office:

- First point of contact for questions about planning and organizing your studies
- STiNE (e.g., course selection, entry of completed coursework, and examination registration)
- Advice on required and elective subjects

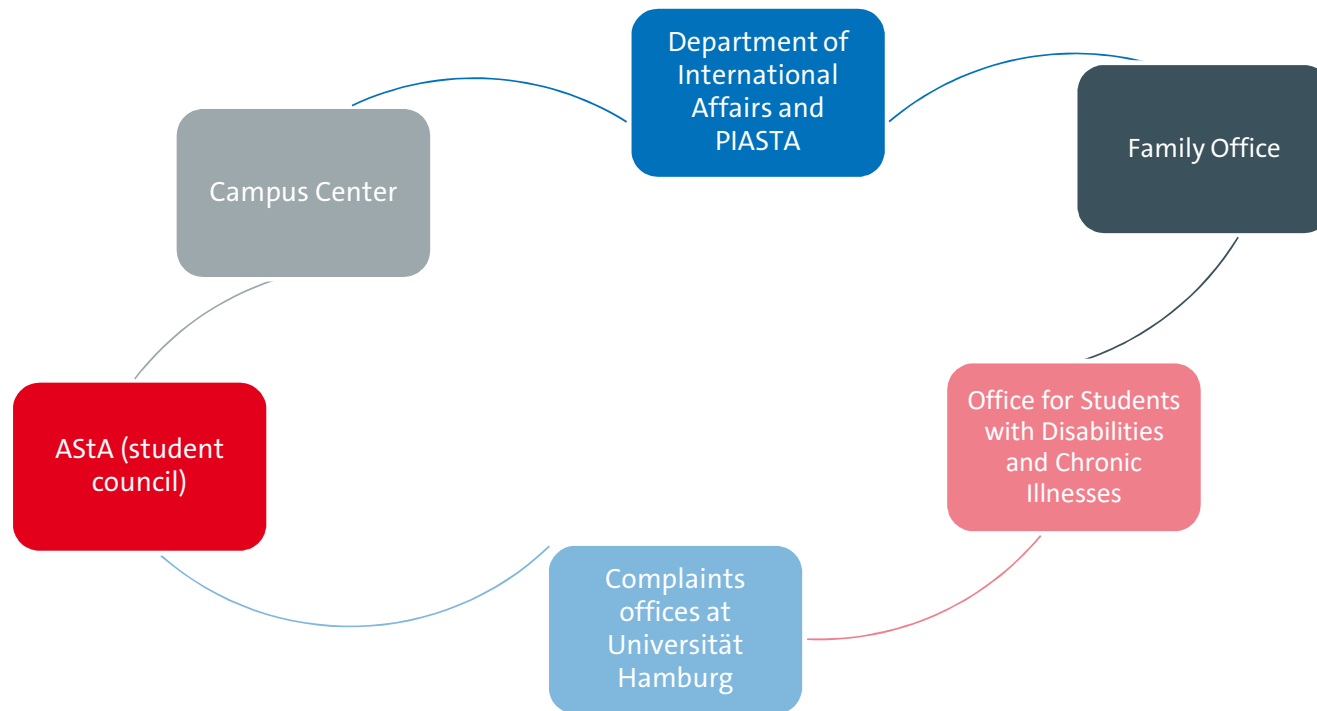
### Departmental student representative committee (FSR):

- Organization of orientation modules (OEs)
- Student advising service for study-related matters

[Further advising bodies : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

## 2. Who can help me with questions and problems?

# Advising



# Campus Center



## Center for Academic Advising

- Services for prospective students, including refugees
- Advice on all questions related to your studies (e.g., performance pressure, stress, exam anxiety, and time management)
- Advice on dealing with doubts regarding studies (continue, change, or drop out?)

## Psychological counseling

- For worries and needs (e.g., self-doubt, learning difficulties, and fears)
- Advice on sexual harassment, discrimination, and violence
- Support for students with mental illness (HOPES)

# Department of International Affairs and PIASTA

## For international students:

- **International student support:** advice on residential, social, and personal matters
- **Björn Stehn (attorney):** legal advice
- **Dominik Meckel :** advice on scholarships

## For all students:

- Studying abroad (Erasmus+, worldwide, scholarships)
- Certificate Intercultural Competence (CIC)





# Family Office

STUDYING AS A PARENT

WORKING PARENTS

ACADEMIC AND FAMILY LIFE

CONTACT



Welcome to the Family Office

at Universität Hamburg



Photo: luxuz/Photocase

Family-friendly studying

Parental leave

Leaves of absence

Regular childcare

# Office for Students with Disabilities and Chronic Illnesses

- Consultations
- Statements for teaching staff and examinations boards
- Organization of visits and events
- Introduction to using assistive technologies



# Advice and help

## Conflicts related to examinations:

- Ombudspersons (lecturers or student body representatives) in every faculty

## Discrimination during your studies:

- Discrimination Complaints Office for Students
- Goal is discrimination-free environment for studying at Universität Hamburg

## Sexual harassment, discrimination, and violence:

- Campus Center Contact and Advising Services
- Discrimination Complaints Office for Students

# AStA (student council)

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Academic, legal, and personal advising

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Advice on federal student loan scheme

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Labor law advice

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Tax advising for students

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Semester public transport pass hardship fund

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Advice for students with children

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Student-to-student psychological counseling

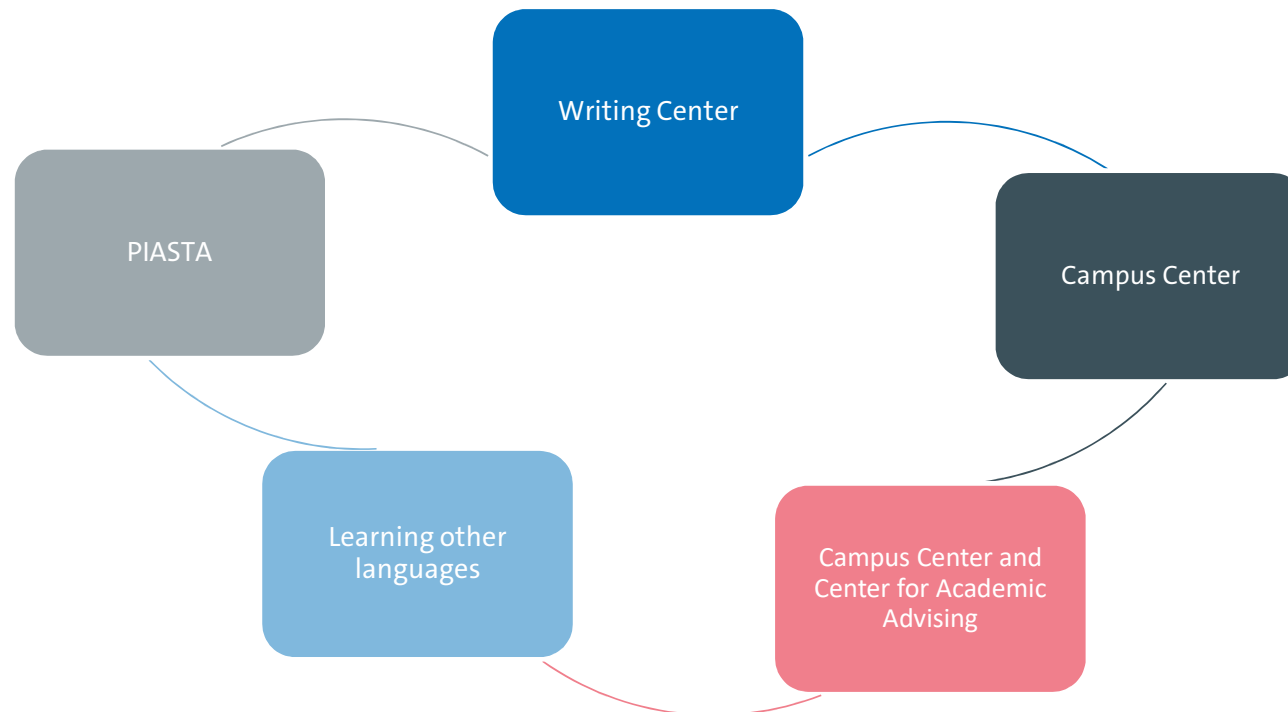
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**The semiautonomous sections continue to provide advising services in the following areas:**

- For students with disabilities and chronic illnesses
- For international students
- For women and trans, intersex, and nonbinary people

### 3. What additional learning opportunities are available?

# Additional learning opportunities



# PIASTA seminars and workshops

## Diversity skills

- Intercultural experience
- Anti-racist ways of thinking and acting

Most of the workshops and seminars in the area of diversity skills are recognized as Component A of the Certificate Intercultural Competence (CIC).

## General study skills

- Public speaking
- Communication and presentation skills
- Time management during your studies

# Writing Center

In  
cooperation  
with PIASTA



Foto: Pexels/Morillo

## Writing Workshops



Foto: Pexels/mentatdgt

## Individual Consultations



Foto: Pexels/Lewis

## Weekly Write-ins

### Info-Event – Academic Writing and How the Writing Center Can Help

- Friday, 06.10.23, 11:30 in English
- **Register on UHH Join**

# Career Center

- Advising
- Mentoring
- Application coaching
- Seminars and workshops
- Career days

[Career Center – Getting off to a good start :  
Universität Hamburg \(uni-hamburg.de\)](#)



# Campus Center

## Workshops

- Orientation
- Motivation
- Organizational skills
- Mental health



Foto: UHH/ Schell



### Info-Event – German Courses for International Students

- Thursday, 05.10.23, 14:30 Uhr in English

- Register on UHH Join

# Learning languages at the University

**General languages: levels A1–B1 with course fees**

[General Languages : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

**University Language Center: levels B2–C2 free of charge**

[University Language Center : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

**PIASTA: language cafés and language tandems**

[Experiencing languages : PIASTA : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)



**Languages offered:** Arabic, Chinese, Danish, Dutch, English, French, German as a foreign language, German Sign Language, Italian, Japanese, Korean, Latin, Low German, Portuguese, Russian, Spanish, Swedish, Turkish



## 4. How can I get politically and (inter)culturally involved?

**Welcome-Event – Queer-Section**

- Thursday, 05.10.23,  
16:00 Uhr in English & German
- **Register on UHH Join**

# Political and (inter)cultural involvement

AStA (student council)	PIASTA	Student associations and initiatives
<p>Appointed by the elected student parliament</p> <ul style="list-style-type: none"> <li>• Represent students in politics, administration, and public</li> <li>• Support students with problems at the University</li> <li>• Welcome Week, cultural courses, and political educational activities</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week</li> <li>• Welcome Buddy Program</li> <li>• International nights</li> <li>• Cultural events and leisure activities</li> <li>• Seminars and workshops</li> <li>• Language cafés</li> <li>• Language tandems</li> <li>• PIASTA Support Café</li> <li>• <a href="https://uni-hamburg.de">PIASTA : Universität Hamburg (uni-hamburg.de)</a></li> </ul>	<p>Here are just some:</p> <ul style="list-style-type: none"> <li>• Internships abroad with <b>AIESEC</b></li> <li>• Make the world a better place with <b>Enactus</b></li> <li>• <b>University Players</b></li> <li>• <b>ESGroovt</b></li> <li>• <b>Queer-Section</b></li> </ul>

## 5. What leisure activities does the University offer?

# Leisure activities

University Sports	Music	Theater
<ul style="list-style-type: none"> <li>• Indoor</li> <li>• Outdoor</li> <li>• Online activities</li> <li>• Trips and outings</li> <li>• BEAT! (student health management)</li> <li>• <a href="https://www.hochschulsport.uni-hamburg.de/">https://www.hochschulsport.uni-hamburg.de/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Choir</li> <li>• Orchestra</li> <li>• Jazz band</li> <li>• <a href="https://www.unimusik.uni-hamburg.de/mitmachen.html">https://www.unimusik.uni-hamburg.de/mitmachen.html</a></li> </ul>	<ul style="list-style-type: none"> <li>• University Players</li> <li>• Kalliope Theater</li> <li>• <a href="https://www.uni-hamburg.de/lp-oeffentlichkeit/uni-hochkultur/kulturformate-der-uhh.html">https://www.uni-hamburg.de/lp-oeffentlichkeit/uni-hochkultur/kulturformate-der-uhh.html</a></li> <li>• <a href="https://www.uni-hamburg.de/campuscenter/campus-leben/freizeit.html">https://www.uni-hamburg.de/campuscenter/campus-leben/freizeit.html</a></li> </ul>

## Free ticket for new students

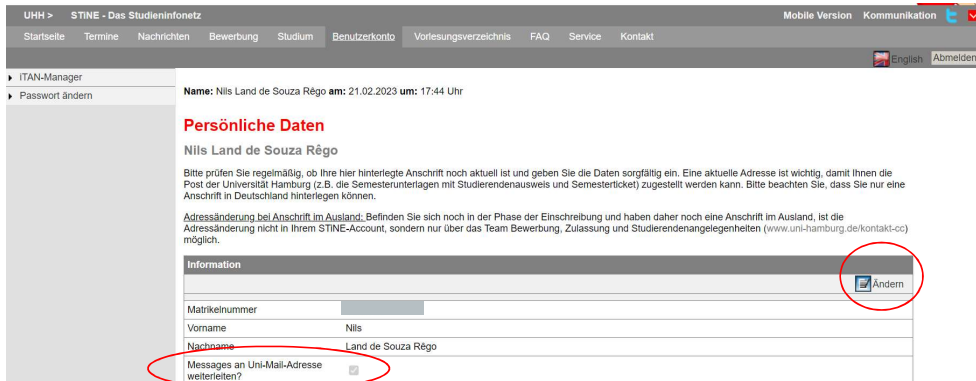
- For all students in the first and second semester
- Valid for 4 months - from November to February
- Free access to over 40 cultural institutions in the city, including:
  - *Elbphilharmonie, Hamburg State Opera* or the *Thalia Theater*
  - Please note that the availability of free tickets at some institutions is limited. For more information, please visit:  
<https://meinefreikarte.de/>
- You can pick up your free ticket from the [AStA office](#) upon presentation of your student ID.



Foto: AStA UHH

## STiNE

- Not an email system—an internal news portal run by the University
- Linking to Surfmail: STiNE portal → Account → Forward messages to uni-mail-account → Change



UHH > STiNE - Das Studieninfonetz

Startseite Termine Nachrichten Bewerbung Studium Benutzerkonto Vorlesungsverzeichnis FAQ Service Kontakt

Mobile Version Kommunikation

English Abmelden

ITAN-Manager

Passwort ändern

Name: Nils Land de Souza Rêgo am: 21.02.2023 um: 17:44 Uhr

**Persönliche Daten**

Nils Land de Souza Rêgo

Bitte prüfen Sie regelmäßig, ob Ihre hier hinterlegte Anschrift noch aktuell ist und geben Sie die Daten sorgfältig ein. Eine aktuelle Adresse ist wichtig, damit Ihnen die Post der Universität Hamburg (z.B. die Semesterunterlagen mit Studierendenausweis und Semester ticket) zugestellt werden kann. Bitte beachten Sie, dass Sie nur eine Anschrift in Deutschland hinterlegen können.

Adressänderung bei Anschrift im Ausland: Befinden Sie sich noch in der Phase der Einschreibung und haben daher noch eine Anschrift im Ausland, ist die Adressänderung nicht in Ihrem STiNE-Account, sondern nur über das Team Bewerbung, Zulassung und Studierendenangelegenheiten ([www.uni-hamburg.de/kontakt-cc](http://www.uni-hamburg.de/kontakt-cc)) möglich.

Information		Ändern
Matrikelnummer		<input checked="" type="checkbox"/>
Vorname	Nils	<input checked="" type="checkbox"/>
Nachname	Land de Souza Rêgo	<input checked="" type="checkbox"/>
Messages an Uni-Mail-Adresse weiterleiten?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

## Surfmail

(@studium.uni-hamburg.de)

- All students have their own University email address
  - [Instructional video to set up your student email address \(DE/EN\)](#)
- **Important!** When communicating with teaching staff, academic advisors, classmates, and any other university staff, ***you should always send mails using your uni-hamburg.de email address.***
- Linking to your private email address:
  - Surfmail → Filters → Forward → enter desired email address → Save

# Online survey about Welcome Week

- We work hard to plan events and activities and would love to get your feedback.
- Our team will hand out a QR code for a questionnaire at in-person events. After you have taken part in your last event of the week, let us know how the week went for you.
- No QR code? No problem. At the end of Welcome Week, we can also give you an email link for the online questionnaire.
- After your last event at the end of the week, take a few minutes to answer the questions.

Thank you!



## Write to us in the chat:

Would you like to get involved politically, culturally, or interculturally on campus?  
Where?



Thank you for your time!

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**Time for questions😊**