Welcome to PIASTA!
Welcome to the Universitätskolleg!

Dear Students and Doctoral Students,

The PIASTA program is one of the many ways that we show our commitment to the internationalization of the campus. We offer many opportunities for you to get involved in intercultural exchange, actively participate in programs, and receive support during your studies – with the aim of ensuring that all students (international and German) have a successful, productive, and international academic career. We are happy to be working as a team in the Universitätskolleg. The Universitätskolleg bundles many offers designed to improve studies and teaching at Universität Hamburg in one place.

PS: It is possible to write in a way that doesn’t discriminate. When we address you as “students”, we use gender-inclusive language. When we are referring to all students, we purposely avoid using the masculine pronoun “he”. We write to include both gender identities and all sexual orientations.
What we offer …

A VARIETY OF WELCOME PROGRAMS   P. 12
Everything you need for a good start at Universität Hamburg!

LANGUAGE AND CULTURAL EXCHANGES   P. 16
Improve your language skills and discover new perspectives with a language tandem partner or in a group at a PIASTA language café!

INTERCULTURAL PIASTA EVENINGS   P. 22
Every Wednesday evening throughout the semester, PIASTA offers interesting topics, international food, and an opportunity to meet a lot of nice people. Why not join us?

CULTURAL EVENTS AND LEISURE ACTIVITIES   P. 30
Enjoy culture and diversity, discover Hamburg and the surrounding area, and get to know new people. Get involved!

ACTIVITIES FOR GRADUATE STUDENTS   P. 44
Improve your research skills, get to know people from your field, and discover Hamburg together!

SEMINARS AND WORKSHOPS   P. 52
Gain important academic skills in a relaxed atmosphere

INFORMATION AND ADVISING   P. 74
Request support with any legal, administrative, or psychological issues related to your studies.

CERTIFICATE INTERCULTURAL COMPETENCE (CIC)   P. 78
The CIC promotes an international approach to studying and encourages involvement in intercultural activities. Register now!

We wish you a great start to the semester!

Your PIASTA Team

Further opportunities offered by the Universitätskolleg can be found at:
www.universitaetskölleg.uni-hamburg.de
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REGISTRATION

The first registration period starts on 07.04.2019 at 12 noon (for events that take place between 12.04.2019 – 31.05.2019). The second registration period starts on 26.05.2019 at 12 noon (for events that take place between 01.06.2019 – 14.07.2019).

RECENT CHANGES AND ONLINE REGISTRATION
www.uni-hamburg.de/piasta-program

PIASTA
We’re on Facebook!

www.facebook.com/PIASTA.Uni.Hamburg
# Welcome Buddy Program
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# Language and Cultural Exchanges
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PIASTA Language Café www.uni-hamburg.de/sprachcafe 18

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The One with “Friends” (de/en) Wed, 17.04.2019 22
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A Journey to Georgia (de/en) Wed, 15.05.2019 24
Helpers or Human Eaters? Smaug and His Friends (de/en) Wed, 22.05.2019 24
I Know What You Did Last Summer... or Not?! — Our Distorted Memory (de/en) Wed, 29.05.2019 25
Bhutan, a Small Country with Big Stories! (de/en) Wed, 05.06.2019 25
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# Cultural Events and Leisure Activities
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On a Discovery Tour in Hamburg’s Underground (de) Sat, 27.04.2019 30
Bike Trip to the Altländер Blütenfest (de/en) Sat, 04.05.2019 31
The Secret is in the Spice: Spicy’s Gewürzmuseum (en) Sun, 05.05.2019 31
History, Art, and Nature in One Place? — at the Wasserkunst Elbinsel Kaltehofe (de/en) Sat, 01.06.2019 32
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<td><strong>Volksparkstadion: Stadium and Museum Tour (de)</strong></td>
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### Seminars and Workshops

#### Effective Study Skills

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### Advising and First Career Steps

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### INFORMATION AND ADVISING

#### For International Students (Incoming Students)

| Information Booklet: To-Dos for New Students | www.uni-hamburg.de/neuestudierende | 74   |
| Information Booklet: Residency Laws         | www.uni-hamburg.de/aufenthalt         | 74   |
| Advice for International Students on Legal, Social, and Personal Matters (de/en) | Tue, 1:30–3:30 pm, Rentzstraße 17; Thu, 3:30–5 pm, Campus Center; and by appointment | 75   |
| Psychological Counseling for International Students (de) | By appointment | 76   |
| Advice on Scholarships for International Students (de/en) | www.uni-hamburg.de/internationales/kontakt | 77   |

#### On the Certificate Intercultural Competence and for Outgoing Students

| Information and Advice on Acquiring the Certificate Intercultural Competence (CIC) (de/en) | www.uni-hamburg.de/cic | 78   |
| Information and Advice on Studying Abroad (de) | www.uni-hamburg.de/outgoing | 78   |
| Doing an Internship Abroad through Erasmus+ (de/en) | www.uni-hamburg.de/erasmus | 79   |
WELCOME BUDDY PROGRAM
The PIASTA Welcome Buddy Program aims to help newly enrolled international students get off to a good start with their studies and everyday life in Hamburg. We match up each international student (Incoming Buddy) with a current Hamburg student (Welcome Buddy), who can make the international student’s arrival easier and help them to find their bearings in Hamburg and at the University.

Who can apply?
• New international students: all new students from abroad who will be studying at Universität Hamburg either as exchange students (e.g., Erasmus) or international students who will be completing their entire degree program (BA, MA) or doctorate at the University.
• Hamburg students: all students (either German or international students) enrolled at Universität Hamburg in at least their second semester. Hamburg Buddies are welcome to participate in the program multiple times.

Interested students with questions about the program or the responsibilities of a buddy, or buddies with difficulties — taking care of formalities at the local authorities, for example — are welcome to drop by during our weekly office hours.

**INFORMATION**  Registration and additional information at: www.uni-hamburg.de/welcome-buddy

**OFFICE HOURS**  Tuesday, 4–5 pm (please sign up for an appointment in advance by email)

**PLACE**  You will be notified after you have an appointment.

**CONTACT**  Annika Johannsen, Tel: +49 40 42838-7245, Email: annika.johannsen@uni-hamburg.de

**LANGUAGES**  German/English
Ready, set, sports!

Stand Up Paddling
Bicycle Tour
Ball Sports
Dancing Classes
Paddling & BBQ

Hochschulsport-Hamburg.de
Language and Cultural Exchanges
LANGUAGE AND CULTURAL EXCHANGES

Are you interested in languages and other cultures? PIASTA offers you many opportunities to learn and practice a new language and at the same time meet people from many different cultures.

PIASTA LANGUAGE TANDEM AND PIASTA CULTURE TANDEM

What is a Language Tandem?
When two students meet to teach each other their native languages. For example, if your native language is Spanish and you would like to improve your German, we match you up with a tandem partner whose native language is German who would like to learn Spanish!

It goes without saying that tandem partners also learn about one another’s native countries, but the main goal is to improve language skills. Both participants should have sound basic knowledge of the foreign language and both languages should be practiced equally (e.g., one hour per language).

Language tandems are an opportunity to put your language skills into practice as well as to meet new people and find out more about their country and culture.

What is a Culture Tandem?
When two students meet in a cultural exchange — while they might not always improve their language skills, they can learn a lot from one another. For example, if a student from Kyrgyzstan and a student from Germany meet, they can talk in German and find out if it is possible to explore Kyrgyzstan on foot, what German families do at Christmas, how to make “plov,” or what their favorite children’s books were. Even though the focus is on intercultural exchange, a German student might just pick up a few words of Kyrgyz!

Use culture tandems as an opportunity to discover a new world. Contact with people from other countries you know very little about can reveal new worlds and perspectives worthy of exploration!

How do I find a tandem partner?
Just go to our website and register online. We will notify you as soon as we find a suitable partner. Registration: www.uni-hamburg.de/tandem
Where do tandem partners meet?
You meet the partner we have matched you with for two hours a week. You can meet wherever you like (e.g., in the student cafeteria or a café).

Language Tandem and Certificate Intercultural Competence
If you document your learning curve in your Tandem Learning Diary, we confer a certificate of participation when you finish. This will be recognized as “Component C: International Campus of the CIC — Certificate Intercultural Competence.”
More information is available here: www.uni-hamburg.de/cic

TANDEM S  Registration and information about the Language Tandem and Culture Tandem: www.uni-hamburg.de/tandem

CIC  Registration and information about the CIC: www.uni-hamburg.de/cic
PIASTA LANGUAGE CAFÉ

¡Hola! Ciao et bonjour! Are you learning a language and looking for an opportunity to practice and speak outside of the classroom? Or perhaps you are a native speaker and would enjoy speaking in your native language for a change? If so, we invite you to visit one of our language cafés.

Like a café, a language café is a meeting place where you can simply drop by. Just order a tea or coffee, join the others at the table, and in no time at all you’ll be talking about this and that in a comfortable setting. The sessions are led by native speaking volunteers. They’ll be sure to get the conversation going. And if you can’t think of the right word in the target language, they’ll be glad to help.

It doesn’t cost anything to participate in the language cafés, and you don’t even have to register — just drop by! This is a great opportunity to try out and improve your language skills while you enjoy a cup of coffee and meet new people. We can’t wait to meet you!

INFORMATION In the summer semester, we are planning to offer language cafés in the following languages: German, English, French, Italian, Spanish and Arabic.

DATES The dates for the Summer Semester 2019 language cafés will be announced in the first week of lectures at: www.uni-hamburg.de/languagecafe
The language cafés begin in the second week of lectures.

PLACE Rentzelstraße 17, conference room (ground floor)

TARGET GROUP Learners who already understand and can speak a bit of the respective language as well as native speakers who would like to speak their native language and help others learn a language.

COORDINATION If you would like to be a volunteer coordinator for a language café in your native language, please send an email to: Xiju.yang@verw.uni-hamburg.de

Leading a language café can be recognized as Component C of the Certificate Intercultural Competence (CIC).
IN THE PIASTA PROGRAM!

CULTURE TANDEM

Use culture tandems as an opportunity to discover a new world. Contact with people from other countries you know very little about can reveal new worlds and perspectives worthy of exploration!

Just go to our website and register online. We will notify you as soon as we find a suitable partner.

ALSO IN THE PROGRAM:

LANGUAGE TANDEM

When two students meet to teach each other their native languages!

Language tandems are an opportunity to put your language skills into practice as well as to meet new people and find out more about their country and culture.

WWW.UNI-HAMBURG.DE/TANDEM
INTERCULTURAL PIASTA EVENING
INTERCULTURAL PIASTA EVENING

Every Wednesday from 6 to 9:30 pm!

The intercultural tutor team would like to invite you to take part in our Intercultural PIASTA Evenings every Wednesday throughout the semester. Each evening will focus on a new and interesting topic. And at each event, you will have the opportunity to get to know new people, try foods from around the world, and engage in cultural exchange. We can’t wait to meet you!

PIASTA’S WELCOME NIGHT

Herzlich willkommen! Welcome! ДОБРО ПОЖАЛОВАТЬ 欢迎される — no matter what languages you speak, at this event we want to hear all of them and welcome all of you. PIASTA invites you to the Welcome Night, where you can meet old and new students from around the world. We are also very happy to again welcome Erasmus students and Welcome Buddies! Join us at our first Intercultural PIASTA Evening and find out who everyone is. We can’t wait to meet you!

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<th>DATE</th>
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<td>LOCATION</td>
<td>Cafeteria, Mittelweg 177, 20148 Hamburg</td>
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<td>LANGUAGE</td>
<td>Short presentation in English, rest of the event multilingual</td>
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THE ONE WITH “FRIENDS”

“I’ll be there for you” — one of the best statements about friendship. At the same time, it is the message of the title song of one of the most popular series of all time: “Friends.”

Who hasn’t laughed, cried, and cheered for Rachel, Ross, Monica, Joey, Chandler, and Phoebe as they go through the ups and downs of life? The long story of six close friends tells of love, relationships, careers, fears, and taboos. When the song begins, you know you’re on a fun, dramatic, and heartfelt journey.

Join us on Wednesday evening at PIASTA for an entertaining and relaxing time. Friends and more — we’ll be there for you!

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<tr>
<td>LANGUAGE</td>
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At this evening event, we’ll introduce you to Japan. It’s the “Land of the Rising Sun” and a country full of contrasts, a place where tradition and modernity are combined in new ways every day. The island state stretches just over 1,300 km from north to south and is made up of about 6,000 islands with 265 volcanoes, some of which are active. These geographical peculiarities shape the daily life of the almost 128 million Japanese people. Come and find out what Japan has to offer besides Nintendo, samurai, and anime! We will also show you just how varied Japanese cuisine is — going far beyond sushi.

**DATE**  Wed, 24.04.2019, 6 – 9:30 pm  
**PLACE**  Rentzelstraße 17, conference room (ground floor)  
**LANGUAGE**  Short presentations in German and English, multilingual event

**STAYING ACTIVE EVEN WHEN THINGS GET STRESSFUL**

Stress with your studies and no time for exercise? It doesn’t have to be like that! There are always ways to counteract stress in your mind and body with the right activity. At this evening event, you will learn how you can reactivate your tired body with yoga exercises, Pilates, and functional training while sitting, standing, or walking. Your mind and spirit will relax all on their own so that even the most strenuous examination period becomes somewhat easier. Whether you’re super athletic or prefer to stay sitting on the couch — there’s something for everyone at this event!

**DATE**  Wed, 08.05.2019, 6 – 9:30 pm  
**PLACE**  Rentzelstraße 17, conference room (ground floor)  
**LANGUAGE**  Short presentations in German and English, multilingual event
A Journey to Georgia

Greetings to everyone and welcome to Sakartvelo — that’s how you say Georgia in the national language. The small country on the Black Sea holds many surprises such as the oldest wine in the world (8,000 years old!) and the fact that the Georgian language with its unique alphabet is one of the ten oldest spoken languages in the world. And the earliest human fossils were also found in Georgia. As you can see, there are a lot of interesting facts for you to learn about this country. At this evening event, we will naturally also try some delicious food and wine from Georgia.

Date: Wed, 15.05.2019, 6 – 9:30 pm
Place: Rentzelstraße 17, conference room (ground floor)
Language: Short presentations in German and English, multilingual event

Helpers or Human Eaters? Smaug and His Friends

Snake-like body, bat-like wings, eagle claws, and even scaly crocodile skin — this strange combination can only mean one thing: dragons. There seem to be no limits to the different shapes, colors, and designs of dragons. Depending on the country of origin, you will come across lizard heads as well as horse and dog heads. There are also representations of dragons with antlers, horns, and sometimes also spines. The meaning of these mystical creatures is very diverse. While dragons in Germany are often associated with fear, terror, and disaster, the Slavic dragon depicts a half-human hero. On the other hand, the Chinese dragon brings luck, and in the medieval Arab world the dragon was believed to be responsible for solar and lunar eclipses as well as comets.

At this evening event, you will learn where the dragon originated and what forms and genres these creatures have brought about in different cultures and time periods.

Date: Wed, 22.05.2019, 6 – 9:30 pm
Place: Rentzelstraße 17, conference room (ground floor)
Language: Short presentation in German, rest of the event multilingual
I KNOW WHAT YOU DID LAST SUMMER ... OR NOT?! — OUR DISTORTED MEMORY

Are you sure you really experienced “something”? If you always answer this question with “yes,” then you should come to this PIASTA event to find out why you might want to reconsider! We all have memories in our heads that are not based on actual experiences, even if we are not aware of this fact.

An experiment conducted by Elizabeth Loftus showed that it is possible to create false memories and that our memories of an event change depending on the way questions about the event are formulated. These distorted memories can sometimes have drastic consequences. For example, people who were innocent have been convicted only on the basis of “false memories” provided by eyewitnesses who suspected them.

Be there and find out how your memory can fool you!

DATE Wed, 29.05.2019, 6 – 9:30 pm
PLACE Rentzelstraße 17, conference room (ground floor)
LANGUAGE Short presentations in German and English, multilingual event

BHUTAN, A SMALL COUNTRY WITH BIG STORIES!

High up in the Himalayas, between India and China lies a small kingdom: Bhutan. Covering an area the size of North Rhine-Westphalia, there is an incredible number of things to discover. Buddhism, mountains, archery, and a rich biodiversity shape the country. Conserving the country’s extraordinary nature is taken very seriously in Bhutan and along with Buddhism, the central philosophy of life, it has guided the development of the kingdom for centuries. One thing that helped Bhutan to become internationally known was its “Gross National Happiness Index,” which established collective well-being as a measurable policy field.

Join us on this fascinating journey to Bhutan and marvel at the diversity of this small country. We can’t wait to meet you!

DATE Wed, 05.06.2019, 6:30 – 9:30 pm
PLACE Rentzelstraße 17, conference room (ground floor)
LANGUAGE Short presentations in German and English, multilingual event
A BUG’S LIFE — FOOD OF THE FUTURE

For some time now, people in many parts of the world have no longer had to worry about the burden of producing their own food. As a result, food consumption has increased in these parts of the world, and today many people have no idea where their food comes from. In times of climate change and global population growth, there is a growing debate about how we can make our consumption more sustainable and how the food industry can better manage scarce resources. How much food is wasted? How big is the ecological footprint of our food? At this event, we will take a look at the sustainability of global supply chains and consider some new types of diets such as exclusive organic, veganism, and other futuristic solutions like in vitro meat and insect proteins.

What should our food look like in the future? We look forward to meeting you and discussing this interesting topic.

DATE  Wed, 19.06.2019, 6 – 9:30 pm
PLACE  Rentzelstraße 17, conference room (ground floor)
LANGUAGE  Short presentations in German and English, multilingual event

NEXT STOP … ETHIOPIA!

Join us on a journey to the cradle of humanity. Ethiopia is indeed one of the first areas to be inhabited by humans. The country is filled with monuments, castles, royal tombs, and cities under the ancient ruins of the Kingdom of Aksum, all of which are over 3,000 years old. Ethiopia forms a geographical mosaic that differs from many other African countries with its numerous national parks and extremely high mountains. This fascinating country is home to 80 percent of the mountains in Africa as well as the lowest and driest place in the world, which is called the Afar region and looks like the planet Mars.

At this evening event, we will take a closer look at a country with an extraordinary history that inspired Nelson Mandela, Bob Marley, and other important figures. Come and dance with your shoulders, eat with your fingers, write your names in one of the oldest alphabets in the world, and learn more about the castles and traditional architecture that is recognized by many as the “eighth wonder of the world.”

Are you excited? So are we! We look forward to seeing you there!

DATE  Wed, 26.06.2019, 6 – 9:30 pm
PLACE  Rentzelstraße 17, conference room (ground floor)
LANGUAGE  Short presentations in German and English, multilingual event
WHAT’S BEHIND THE PICTURE?

Have you ever asked yourself how many images you see on a single day? Images are everywhere and ever-present — in public spaces and under our thumbs on the screens of our smartphones. Thanks to technology, we see more photos than ever before!

But why do we have such a strong need to visually record and capture our surroundings? This is not just a characteristic of modern society. Since the beginning of human history, we have created images, for example, on the walls of caves, in the writings of sacred books, and in oil paintings.

How do we react to the images we see? Which images calm us down, and why do others upset us? Can colors influence our mood? How are images used in advertising? Come to our PIASTA Evening to learn more about images and their purpose and effects.

**DATE**  Wed, 03.07.2019, 6 – 9:30 pm  
**PLACE**  Rentzelstraße 17, conference room (ground floor)  
**LANGUAGE**  Short presentations in German and English, multilingual event

IT’S GETTING HOT IN HERE — GRILL AND KARAOKE NIGHT

We would like to invite you to attend this year’s PIASTA barbecue and karaoke event. There’ll be lots of tasty things to eat and great music to listen to! Whatever you’re in the mood for — you can sing your favorite tearjerkers, rock ballads, or Disney songs. And if you prefer to watch the show from the audience, you are of course also welcome. As always to keep you in a good mood, there’ll be plenty of food to suit every taste. So don’t forget to bring your appetite with you, because we’ll be firing up the barbecue grill. We say “Bon Appetit” and look forward to celebrating the end of the semester with you!

**DATE**  Wed, 10.07.2019, 6 – 9:30 pm  
**PLACE**  Rentzelstraße 17, conference room (ground floor)  
**LANGUAGE**  Short presentations in German and English, multilingual event
CULTURAL EVENTS AND LEISURE ACTIVITIES

Discover Hamburg and its surroundings in small groups — whether by foot, bike, train, or bus — on tours, excursions, and day trips. In addition to the usual sightseeing destinations for those new to Hamburg, we have also put together a program of events and activities of historical, (inter)cultural, and (inter)religious interest. Our international tutors take part in every event and are excited to help you get to know the city, northern Germany, and many new people.

DISCOVER HAMBURG

GET READY TO BE SURPRISED!

MUSEUM OF ILLUSIONS

This event will make your head spin and turn your world upside down — with a simple swirl of lights in the Vortex Tunnel. In this and many other installations at the Museum of Illusions, you will discover yourself and your surroundings from an entirely new perspective. You will learn a lot about how your perception works and how you can trick it. So if you’ve always wanted to hover on the ceiling of a room or be able to suddenly grow and shrink, you’ve come to the right place. We look forward to the many surprises that await!

DATE Sat, 13.04.2019, 10:30 am
MEETING POINT tba online well in advance
ORGANIZATION Marina Pototskaya
LANGUAGE Multilingual event
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program

ON A DISCOVERY TOUR IN HAMBURG’S UNDERGROUND

Visit a bunker in Hamburg and explore Hamburg’s underground. This guided tour through a Hamburg bunker takes us back to the time of the Second World War and the Cold War. You will learn how the bunkers were built and worked, what happened in the case of emergency, and what it felt like to have to be in such a dark place as soon as the bomb sirens went off. Join us to experience an important part of Hamburg’s history.
BIKE TRIP TO THE ALTLÄNDER BLÜTENFEST

The Altes Land region is a huge fruit-growing area on the outskirts of Hamburg. It is most remarkable in the springtime when the fruit trees are in bloom. During a bike tour through this popular holiday region, we will see the sights and find some scenic spots to take a break, and along the way we will pass traditional fruit farms, churches, dikes, and orchards. The special highlight will be going to the Altländer Blütenfest, where we will see traditional costumes and experience an authentic Altländer festival in all of its flair: a parade, flower queen, and booths with sweets and souvenirs. Join us to discover the exciting history and tradition of the Altes Land!

THE SECRET IS IN THE SPICE: SPICY’S GEWÜRZMUSEUM

What would cooking be without spices? — pretty bland in any case! At Spicy’s Gewürzmuseum, you will learn about the wide range of spices out there and how they are used, as well as where they come from and how they are cultivated and shipped. In the past, dangerous trading voyages were undertaken just so that spices from all over the world could be transported to us in the Hanseatic city. Come with us and discover the exciting and enigmatic world of spices.
**HISTORY, ART, AND NATURE IN ONE PLACE? — AT THE WASSERKUNST ELBINSEL KALTEHOFE**

Water is essential for our daily life. And there are only a few places where this fact becomes as clear as it does at Wasserkunst Elbinsel Kaltehofe. The premises of the former water treatment plant on the Elbe island Kaltehofe are now home to the most important water sources of Hamburg as well as the nature reserve Auenlandschaft Norderelbe, which is famous for its rare water birds. We will explore the island together and learn a lot about how precious clean water is. Afterwards, we will have a bite to eat at Café Entenwerder and enjoy the beautiful views of the river.

**DATE**  Sat, 01.06.2019, time tba online

**MEETING POINT**  tba online well in advance

**ORGANIZATION**  Salome Mikadze

**LANGUAGE**  Multilingual event

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program

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**STARS, SHOOTING STARS, AND MORE — HAMBURG OBSERVATORY**

If you haven’t yet visited the Hamburg Observatory in Bergedorf, you are missing out on a historic gem of the city. Since 1909, the neobaroque building complex has been located on the Gojenberg (Gojen mountain) and has allowed scientists and the public to observe the stars and other celestial bodies. Come with us on a fascinating guided tour and find out more about the protected historic building and its idyllic park. And after we have explored the refractors, equatorial telescopes, zone astrographs, and Salvador mirrors, we will enjoy coffee and cake at the trendy café Raum & Zeit.

**DATE**  Sun, 02.06.2019, time tba online

**MEETING POINT**  tba online well in advance

**ORGANIZATION**  Melissa Preßler

**LANGUAGE**  Tour in German, rest of the event multilingual

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program
GRAB YOUR BOARD: 
STAND-UP PADDLING ON THE ALSTER

Hamburg and water — two things that simply go together. The city doesn’t only have the Elbe with its impressive harbor but also a 1.6 sq km city “paddling pool,” the Alster. It’s located in the middle of the city and is the ideal place for a wide range of water sports. And this summer you have the chance to do some stand-up paddling with us on the Alster. Anyone can practice paddling, beginner or not, young or old. We will arrange everything for you — and make sure that you enjoy this unique experience.

**DATE**  Sat, 08.06.2019, time tba online  
**MEETING POINT**  tba online well in advance  
**ORGANIZATION**  Nora Stumpfögger  
**LANGUAGE**  Multilingual event  
**FEE**  tba online in advance  
**REGISTRATION**  [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

OPEN AIR CINEMA

Summertime. That means BBQs, hot days, cold drinks, and outdoor movie nights. Enjoy an entertaining movie under the starry Hamburg sky on a warm summer evening. We promise the perfect mix of relaxation and excitement! And we’ll let you know as soon as possible which movie we are going to see. We look forward to enjoying this summer event with you!

**DATE**  Sat, 06.07.2019, time tba online  
**MEETING POINT**  tba online well in advance  
**ORGANIZATION**  Marina Pototskaya  
**LANGUAGE**  Multilingual event  
**FEE**  tba online in advance  
**REGISTRATION**  [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)
EXCURSIONS AND ACTIVITIES

IT CAN’T GET ANY GREENER — PIASTA’S GREEN THUMB
We have known for a long time that plants have a positive influence on our indoor environment. Even a little bit of “green” enhances the appearance of any room, no matter how boring, and makes it more comfortable at the same time. But these versatile all-rounders also need our care and attention — especially after a long winter. To be sure that your green friends don’t let their heads hang, at this event we will give you lots of tips and tricks for gardening at home. It’s time then to call your plants out of hibernation and get ready to green up your rooms and balconies.

**DATE**  Sat, 13.04.2019, time tba online
**MEETING POINT**  tba online well in advance
**ORGANIZATION**  Le Sa Hoang
**LANGUAGE**  Multilingual event
**FEE**  tba online in advance
**REGISTRATION**  www.uni-hamburg.de/piasta-program

BRAIN OFF, TASTE ON: COME TO A COFFEE TASTING
There are many reasons to drink coffee, for example, to enjoy the bitter taste, finally wake up, or sit comfortably in a café. No matter if your coffee is seasoned with spices, covered with milk foam, or sweetened with sugar, the variations are endless. But how many of the 800 or so different flavors — from passion fruit to peanut — can you detect in a freshly brewed cup of coffee? If you want to learn more about how the coffee beans for your favorite morning drink are grown and processed, then come with us to this coffee tasting!

**DATE**  Sat, 20.04.2019, 4 pm
**MEETING POINT**  tba online well in advance
**ORGANIZATION**  Myriam Kamara
**LANGUAGE**  Tour in German, rest of the event multilingual
**FEE**  tba online in advance
**REGISTRATION**  www.uni-hamburg.de/piasta-program
### Plop — And the Ball Drops In!

Did you know that the first standard miniature golf course in Europe was built in Hamburg in 1956? Since mini golf is a traditional sport here, we thought that this is one tradition that we should definitely follow. That’s why we would like to invite you to a few rounds of mini golf on a great course. No matter if you want to awaken childhood memories or get to know a completely new sport, we hope you can take part. We can’t wait to meet you!

**Date**  
Sat, 11.05.2019, time tba online

**Meeting Point**  
tba online well in advance

**Organization**  
Salome Mikadze

**Language**  
Multilingual event

**Fee**  
tba online in advance

**Registration**  
www.uni-hamburg.de/piasta-program

### In the Footsteps of Günter Grass — Explore Lübeck

The Hanseatic city of Lübeck is not only the largest city in Schleswig-Holstein, it is also one of the most beautiful cities in Germany. Known for its medieval old city, and on account of its unique architecture and numerous museums, visitors from all over the world have flocked to Lübeck for many years now. Günter Grass also loved Lübeck and made it his adopted hometown. The Günter-Grass Haus is therefore one of the many important museums in the city. This museum does an impressive job of showing that the famous Lübeck resident was not only active as a writer, but also as a graphic artist, painter, and sculptor. We will learn how Günter Grass’s various art forms intersect — and then discover the most beautiful corners of his hometown!

**Date**  
Sat, 25.05.2019, time tba online

**Meeting Point**  
tba online well in advance

**Organization**  
Melissa Preßler

**Language**  
Tour in English, rest of the event multilingual

**Fee**  
tba online in advance

**Registration**  
www.uni-hamburg.de/piasta-program
VOLKSPARKSTADION: STADIUM AND MUSEUM TOUR
Not a soccer fan? No problem! Because we’re not planning to watch a HSV game from up in the seats. Instead, we’ll show you the world of soccer from a completely different perspective. An unforgettable experience is waiting for you. We’ll get to see parts of the HSV stadium that are closed on game days and usually not open to the public, for example, the VIP area, the press conference room, and the locker rooms — where the stars get final instructions before the game begins and celebrate or console each other afterwards. We’ll go together as a team through the players’ tunnel onto the field and to the benches, where you will experience the phenomenal atmosphere of the stadium up close. And in the club museum we’ll also find out more about the team’s moving history!

DATE Sun, 26.05.2019, time tba online
MEETING POINT tba online well in advance
ORGANIZATION Marina Pototskaya
LANGUAGE Tour in German, rest of the event multilingual
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program

ART AS FAR AS THE EYE CAN SEE — KUNSTSTÄTTE BOSSARD (BOSSARD SITE OF ARTS)
Imagine your whole house being a single work of art. Too crazy? Not for the artist couple Jutta Bossard-Krull and Johann Michael Bossard who realized their dream of a Kunsthaus (art house) in the middle of the Lüneburg Heath. Not only is every centimeter of the house covered with colors and forms, but there are also many sculptures, statues, and carvings. During the tour, you will most certainly get inspired to do something creative yourself. No problem — after the tour we will take part in a workshop where we will learn to create our own artwork. The event will include a walk through the beautiful woods that surround the property.

DATE Sat, 15.06.2019, time tba online
MEETING POINT tba online well in advance
ORGANIZATION Salome Mikadze
LANGUAGE Tour in English, rest of the event multilingual
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program
Drive, Smash, Drop — Badminton

Most people who hear the word “badminton” think of the game you play in the park on a summer afternoon, but this is a world away from competitive badminton. Competitive badminton is the fastest racket sport in the world. The professional player Tan Boon Heong set a new world record ten years ago and smashed the ball at a speed of 493 kilometers per hour.

But it’s a long way until we get there ... right now we’d rather concentrate on the different types of strokes and techniques. And then you will be able to shine at the next badminton game in the park.

Date: Sun, 16.06.2019, time tba online
Meeting point: tba online well in advance
Organization: Le Sa Hoang
Language: Multilingual event
Fees: tba online in advance
Registration: www.uni-hamburg.de/piasta-program

A Day at the Beach in Travemünde

Would you like to spend the day at the beach and maybe go swimming? Then come with us to one of the most beautiful beaches in all of Germany: Travemünde! Enjoy the fantastic atmosphere of this beautiful beach, with its many beach chairs and catamarans, and visit a special attraction with us: the oldest lighthouse in Germany. The old lighthouse in Travemünde is 31 meters high and houses a maritime museum spread over eight floors. From the look-out platform, you will have a wonderful view of all of Travemünde. We look forward to enjoying the summer and sun with you!

Date: Sun, 23.06.2019, time tba online
Meeting point: tba online well in advance
Organization: Luciana Villa Castrillón
Language: Multilingual event
Fees: tba online in advance
Registration: www.uni-hamburg.de/piasta-program
INTERCULTURAL EXPERIENCES

COCK-A-DOODLE-DOO — THE EASTER CRAFTS EXTRAVAGANZA

What was there first: the rabbit or the egg? Hardly anyone asks this question, and PIASTA is no exception. Nevertheless, on this day everything revolves around Easter, and the Easter bunny naturally also plays an important role. We will blow eggs and paint them, make Easter chicks, and tie Easter wreaths. One thing is for sure — your own four walls can look forward to particularly beautiful, homemade Easter decorations this year!

**DATE**  Sun, 14.04.2019, time tba online

**PLACE**  Rentzelstraße 17, conference room (ground floor)

**ORGANIZATION**  Myriam Kamara

**LANGUAGE**  Multilingual event

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program

SCISSORS, POETRY, AND PAPER

Today, many of us live in a world full of rubbish and debris. Amidst the flood of information and images, we almost drown in the chaos. Nevertheless, we can glean something clear, clean, and beautiful from this restlessness. Come to our PIASTA Visual Poetry Workshop and create poignant poems using recycled materials! We will explore the surprising possibilities offered by the simple combination of paper, scissors, and poetry. Using techniques such as collage, we will create poems that help us visualize our feelings. With words we have not written, photographs we have not taken, and drawings we have not painted, we can create something that belongs to us and with which we can identify. All you have to do is come and try it out!

**DATE**  Sun, 28.04.2019, time tba online

**PLACE**  Rentzelstraße 17, conference room (ground floor)

**ORGANIZATION**  Marina Pototskaya

**LANGUAGE**  Workshop in English, rest of the event multilingual

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program
DANCING IN THE MONTH OF MAY — A TRADITIONAL MAY DAY

April 30 gives us a reason to celebrate and then a day off afterwards. There are many traditions that help us to leave the evil, dark spirits of winter behind us. After all, we want to be able to be carefree and enjoy the approaching summer. There will be dancing, celebrating, and conjuring — and here and there a maypole will be set up. All this is completely new to you? Or maybe you have your own customs? We will clear up everything together, and of course the actual dancing in the month of May won’t be neglected. So bring your dancing shoes and join us on an outing to the outskirts of Hamburg.

**DATE**  Tue, 30.04.2019, time tba online

**MEETING POINT**  tba online well in advance

**ORGANIZATION**  Le Sa Hoang

**LANGUAGE**  Multilingual event

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program

FRANZBRÖTCHEN — THE TASTE OF HAMBURG

For many in Hamburg, the start of the day begins with a visit to the bakery to fortify themselves with a Franzbrötchen (a pastry common in northern Germany). Where exactly does the Franzbrötchen come from — is it the little sister of the cinnamon bun or the big brother of the croissant? Well, we will probably never be able to satisfactorily answer this question. That’s why we prefer to concentrate on the most important thing, namely just how good Franzbrötchen taste. Come to this event and learn how to make Franzbrötchen and create your very own variation.

**DATE**  Sun, 12.05.2019, time tba online

**PLACE**  Rentzelstraße 17, conference room (ground floor)

**ORGANIZATION**  Nora Stumpfögger

**LANGUAGE**  Multilingual event

**FEE**  tba online in advance

**REGISTRATION**  www.uni-hamburg.de/piasta-program
In the middle of May, it will finally be time again for the biggest singing competition in Europe: Eurovision Song Contest (ESC). We invite you to come get in the mood for this event at our international karaoke evening! Karaoke has become a small tradition here at PIASTA, and we look forward to again singing songs with you from all countries and in all languages. Whether Arabic, Belgian, Chinese, or if you prefer German, we have a favorite song for everyone. We invite you to come to this event and sing along, dance, or simply enjoy the atmosphere. And then you’ll be ready for the ESC!

**DATE**  Sat, 18.05.2019, time tba online

**MEETING POINT**  tba online well in advance

**ORGANIZATION**  Marina Pototskaya

**LANGUAGE**  Multilingual event

**FEE**  tba online in advance

**REGISTRATION**  [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)

Anyone can make a great movie, but great theater is much harder. Hamburg residents and visitors to the Hanseatic city have been captivated by the theater productions at Thalia Theater in the city center since it opened its doors in 1843. And even after so many years, you won’t be bored at this theater. The productions are anything but ordinary, and you might not even recognize some of the classics at first. As Thalia’s program was not available at the time this brochure was issued, we’ll put information about exact dates, times, and the particular show on our website in good time. Even if you’re not sure, give theater a chance — and for those who have always wanted to go, you are naturally also invited.

**DATE**  Sun, 19.05.2019, time tba online

**MEETING POINT**  tba online well in advance

**ORGANIZATION**  Luciana Villa Castrillón

**LANGUAGE**  Event in German

**FEE**  tba online in advance

**REGISTRATION**  [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program)
VISIT TO THE JEWISH SYNAGOGUE HOHE WEIDE

“Let there be peace within your walls and serenity within your palaces.” With this message, the Synagogue Hohe Weide welcomes its parishioners and guests. The term synagogue comes from Greek and means a house of assembly. As such, the name indicates that this is a place where there is a lot going on and not just prayer. Are you curious and do you want to know more about what kind of things take place in a Jewish temple today?

Do you want to know why men in the synagogue wear a yarmulke? Or why a Jewish temple always houses a library? Then come with us and visit the first new synagogue in Hamburg, which was established fifteen years after the Second World War.

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GOOD FOOD AND ENTERTAINMENT — A DAY IN PLANTEN UN BLOMEN WITH A PICNIC, WATER, AND MUSIC

In the summer months, the famous and colorful light show and concert take place daily on the park lake in Hamburg’s beautiful landscaped garden Planten un Blomen. This breathtaking show in the heart of Hamburg that attracts 300,000 visitors annually is something you have to see at least once. The newly renovated water light organ will captivate us with water, colors, and music. But in order to really enjoy the park, we want to meet earlier in the day and have a picnic with specialties from several countries. Bring a small dish to share and enjoy a day in the park with us before the light show on the water begins.

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Activities for Graduate Students
ACTIVITIES FOR GRADUATE STUDENTS

Our Activities for Graduate Students aim to support you on the way toward your degree as well as supplement your daily academic life with a range of extracurricular workshops and leisure activities. Our events and workshops are led by international tutors and professional trainers.

WORKSHOPS

PRESENTING SUCCESSFULLY: PEER TO PEER

Along with actually writing your master’s thesis or dissertation, you are often asked to share your outcomes with academic peers. In fact, every student faces the challenge of presenting in front of a wider audience at some point, may it be seminar presentations, colloquia, or your thesis defense. It is therefore essential to improve your presentation skills and learn how to master such nerve-wracking experiences. Your work might be groundbreaking; however, you will achieve little if you are not able to sell it convincingly. At this workshop, we will focus on your public anxiety, share tips and tricks of great presenters, and help you learn to speak more effectively in front of examiners, friends, and colleagues.

DATE Thu, 25.04.2019, 5 pm
MEETING POINT Rentzelstraße 17, conference room (ground floor)
ORGANIZATION Ashkan Akbari and Oliver Englisch
LANGUAGE Event in English
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program

STUDYING AS A PARENT

Managing to accommodate studying and parenting at the same time is with no doubt difficult. And international students no likely find this especially hard. As if studying in a foreign country in general and Germany in particular wasn’t challenging enough, you then have to manage family life on top of everything. At this campus tour, we will discuss challenges as well as opportunities that students with children have. We will be sharing experiences and offering insights into the work of central services at Universität Hamburg that may help you balance seminar workloads, presentations, and those habitual calls from kindergarten teachers to please pick up your child because of a runny nose.
WORKSHOP 3

The topic will be announced and published on our website in advance of the general registration period (07.04.2019).

EXCURSIONS AND ACTIVITIES

THE ENGLISH THEATRE: MOONLIGHT AND MAGNOLIAS

Hollywood, 1939. Producer David O. Selznick has no idea where to start with the screenplay or the directing of his film “Gone with the Wind.” Without further ado, he locks himself in his office with screenwriter Ben Hecht and director Victor Flemming.

The next five days he drives them to work nonstop in complete isolation in order to rewrite the entire screenplay. Time pressure, wonderfully contradictory opinions, and harsh insults make this fictitious play that is based on real events the hilarious comedy it is. Come with us to find out more about how one of the most famous films of all time came into being.
GRAND HAMBURG ARCHITECTURE: 
THE JENISCH HAUS

Many people from Hamburg haven’t even been to the Jenisch Haus yet, a country house in Othmarschen built in neoclassical style that proudly overlooks a large park and the Elbe. Built for Martin Jenisch, a building commissioner for Hamburg and businessman, the building has all of the characteristics of a noble house, including prestigious halls and meeting rooms. Today, the Jenisch Haus is home to the Museum für Kunst und Kultur (Museum of art and culture), which focuses in particular on the Hanseatic and mercantile style of living. And it’s not only the magnificent building that makes the outing worthwhile, Jenisch Park is the perfect place to stay a while and relax.

Date: Sat, 11.05.2019, 12 noon
Meeting Point: tba online well in advance
Organization: Maiara Giorgi and Thi Minh Tran
Language: Event in English
Fee: tba online in advance
Registration: www.uni-hamburg.de/piasta-program

CHEERS! — WILDWUCHS BREWERY TOUR

Beer — undeniably the national drink of Germany. But how is it produced and what things are especially important during the brewing process? You will get answers to these and other questions on a tour of the Wildwuchs Brewery, Hamburg’s first organic brewery. The small Hamburg company has been producing delicious beer directly on the Elbe since 2014. You will have the opportunity to experience the process firsthand and to gain interesting insights into modern and traditional beer brewing. There will be a beer-tasting afterwards! We can’t wait to meet you!

Date: Thu, 16.05.2019, 4 pm
Meeting Point: tba online well in advance
Organization: Ashkan Akbari
Language: Event in English
Fee: tba online in advance
Registration: www.uni-hamburg.de/piasta-program
AHOY — RICKMER RICKMERS’ MUSEUM SHIP TOUR

Touring this sailing ship that was built in 1896 may seem a bit like a journey into the past. During a guided tour of the Rickmer Rickmers, you will learn a lot about the fascinating history of the ship and find out more about the hardships of being a sailor back then. Afterwards, you will have time to explore the ship on your own and, for example, to look at old photos or enjoy the beautiful views of the Hamburg harbor before we go to a café together to have a bite to eat and chat about the tour.

We look forward to visiting Hamburg’s floating landmark with you!

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<tr>
<th>DATE</th>
<th>Sat, 25.05.2019, 11:30 am</th>
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<tr>
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</table>

PURE NATURE IN THE FISCHBEKER HEIDE

Do you think that Hamburg doesn’t have much to offer south of the Elbe? Far from it — because the Fischbeker Heide is just outside of Harburg. This moor and nature reserve stretches over 773 hectares and is home to the highest hill in Hamburg (116 meters!!) as well as numerous graves from the Stone Age. What exactly we will see on our guided walk through the moorland is still a mystery. But if you want to get away from the urban jungle for a couple of hours, this is the perfect escape.

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<thead>
<tr>
<th>DATE</th>
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<tr>
<td>ORGANIZATION</td>
<td>Thi Minh Tran and Olga Raskosha</td>
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<td>LANGUAGE</td>
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<td><a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a></td>
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</tbody>
</table>
HAMBURG’S HAUNTED HISTORY — A DIFFERENT HISTORY OF THE CITY

You might think that you are familiar with the history of Hamburg. But we would wager that you haven’t yet heard about many of the eerie and frightening events in the past of the Hanseatic city. Come with us as the day fades away on a journey to discover past and often forgotten events from the history of the city of Hamburg. Afterwards, you will see many familiar places in a completely new light, and one or more of the stories may even give you goose bumps. Join us to experience more about Hamburg’s past and its dark secrets.

DATE Thu, 06.06.2019, 8 pm
MEETING POINT tba online well in advance
ORGANIZATION Oliver Englisch und Olga Raskosha
LANGUAGE Event in English
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program

REACH FOR THE SKIES WITH PIASTA — COME CLIMBING AT HOCHSEILGARTEN KIEKEBERG

Do you need a change of pace from the grind of studying and want to get away from your desk for a while? And would you like to join us for an exciting day filled with exercise, challenges, and outdoor fun? If so, then this event is perfect for you. Join us on the high ropes in the Kiekeberg woods in Harburg. You will get to know and test your personal limits. And at the end of the day, you’ll return to your everyday life with a new sense of pride, joy, motivation, and perhaps also some new friends.

DATE expected Sat, 15.06.2019, 3 pm
MEETING POINT tba online well in advance
ORGANIZATION Oliver Englisch and Ashkan Akbari
LANGUAGE Event in English
FEE tba online in advance
REGISTRATION www.uni-hamburg.de/piasta-program
HAMBURG’S MOST RELAXED WATER SPORT: THE PIASTA CANOE TOUR

Amsterdam or Venice? — No, Hamburg is the city with the most bridges in Europe. And the best way to see these is from the water. Join us on a canoe tour through the canals and branches of the Alster. Past idyllic gardens, impressive villas, and gnarled trees, this time we’ll be exploring Hamburg off the beaten tourist path. And if the weather is nice, bring your bathing suit and a towel. We can’t wait to meet you!

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<tr>
<th>DATE</th>
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For more information about doing your doctorate in Hamburg, please see the Hamburg Research Academy (HRA).
SEMINARS AND WORKSHOPS
SEMINARS AND WORKSHOPS

PIASTA’s Seminars and Workshops are designed to help you gain academic and social skills that will enable you to successfully complete your studies in Hamburg.

EFFECTIVE STUDY SKILLS

ENGLISH CONNECT AND RECHARGE: SPEAKING ENGLISH WITH CONFIDENCE

Are you working on a BA, MA, or doctorate and want to improve your academic English? Is your English rusty due to a lack of practice? Then this workshop is just the thing for you.

On the first day, we will use group tasks, roll plays, and exercises to practice speaking English. And on the second day, we want to develop the skills needed to be successful and effective when speaking freely in English.

Learning objectives:
• overcome shyness in the classroom
• motivate yourself to speak English regularly
• use simple but grammatically correct English
• build a strong vocabulary

Course content:
• grammatical mistakes frequently made by non-native speakers
• correct pronunciation and enunciation
• reading, speaking, listening, and writing exercises
• group activities and role-plays to build confidence

Please note: This is not a language course. For this event, you should already have attained level B1/B2 in English. This workshop aims to support and motivate you to use your English skills in your day-to-day studies or work in such a way that you enjoy speaking the language and experience success.

Block seminar: attendance is mandatory on both course dates!

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<thead>
<tr>
<th>DATE</th>
<th>Thu, 18.04.2019, 10:30 am – 4:30 pm and Fri, 19.04.2019, 10:30 am – 4:30 pm</th>
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<tbody>
<tr>
<td>PLACE</td>
<td>Rentzelstraße 17, conference room (ground floor)</td>
</tr>
<tr>
<td>ORGANIZER</td>
<td>Sadiq Rahman, MA in English literature</td>
</tr>
<tr>
<td>LANGUAGE</td>
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<tr>
<td>REGISTRATION</td>
<td><a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a></td>
</tr>
</tbody>
</table>
**Presenting with Confidence in German**

Even at the beginning of your studies, you will have to give presentations either alone or in groups and present research results. This is often no easy task, as many people are nervous about speaking in front of larger groups of people. Non-native speakers, in particular, also have to deal with the challenge of finding the right words. But presenting with confidence is something that you can learn!

In this workshop, we will develop and practice strategies and techniques for giving effective presentations so that you can more effectively manage difficult situations.

**Learning objectives:**
- understand the basics of having an effective presence
- develop and use presentation strategies and methods
- practice giving presentations in groups

**Please note:** This seminar is designed primarily for non-native German speakers.

| **DATE**       | Sat, 20.04.2019, 10:30 am – 4:30 pm and  
|                | Sat, 04.05.2019, 10:30 am – 4:30 pm |
| **PLACE**      | Rentzelstraße 17, conference room (ground floor) |
| **ORGANIZER**  | Özlem Alagöz-Bakan, MEd in teacher training in primary and lower secondary education I |
| **TARGET GROUP** | Students in German-language degree programs |
| **LANGUAGE**   | German |
| **REGISTRATION** | [www.uni-hamburg.de/piasta-program](http://www.uni-hamburg.de/piasta-program) |
ACADEMIC WRITING IN ENGLISH
Writing academic texts in English is required in almost all disciplines, and non-native speakers, in particular, face a number of difficulties. This two-part workshop will cover many important aspects to consider when writing academic essays, articles, or doctoral dissertations in English. Short presentations will be complemented by interactive and practical exercises that will focus on the participants’ specific disciplines and projects. In order to be able to work in a targeted manner, please bring your own academic projects with you (e.g., final thesis, doctoral dissertation, or article).

Learning objectives:
• read and understand academic texts in English
• learn about text structure and language used in the context of academic English
• acquire techniques for revising and editing your texts, in particular, those that are useful when working in a foreign or second language

Please note: This seminar is designed primarily for doctoral and master’s students in the final stages of their studies.

DATE  Fri, 26.04.2019 and Fri, 10.05.2019, 9 am–12:30 pm
PLACE  Rentzelstraße 17, conference room (ground floor)
ORGANIZER  Susannah Ewing Bölke, CTEFLA and MA in German and English
TARGET GROUP  Students in German-language degree programs
LANGUAGES  German/English
REGISTRATION  www.uni-hamburg.de/piasta-program

THE ART OF QUOTING
Knowing how to use a variety of sources is indispensable when writing academic texts. In this course, we will work on how to clearly and correctly distinguish between your ideas and those of others, use direct and indirect quotes, and create and format a bibliography.

Learning objectives:
• recognize various ways to quote sources
• effectively use quotes in your own work
• create a formally correct bibliography
• and, if there is interest, a brief look at the reference management software Zotero

Please note: This seminar is for German-language degree programs only and is not intended for natural science students.
ACADEMIC LANGUAGE — FINDING YOUR OWN WORDS

Academic language differs fundamentally from everyday language and causes many students headaches. Paraphrasing the words of others is particularly daunting: “I can’t possibly say it better than the author!” And many students want to know how far they need to diverge from the original to ensure they are not plagiarizing. Is it sufficient to simply replace words with synonyms, for example?

In this workshop, we will start by working on particular features of academic language together to understand their functions. We will then apply the knowledge gained to our own texts and practice using academically appropriate language. Finally, we will try out a few methods for finding the right words when paraphrasing and moving beyond the original.

Learning objectives:
• get to know the features and functions of academic language
• cultivate academic writing skills
• paraphrase specialist texts
Dear Students,
PIASTA’s intercultural training courses are intended to impart fundamental skills that are both necessary and useful when people from different cultural backgrounds communicate and interact. This could involve a culturally diverse group project at Universität Hamburg, a semester in Mexico, or a career requiring work in intercultural teams. The intercultural training we offer is general in nature, meaning that it is not specific to any one culture.
Skills include the ability to see things from a different perspective, to reflect upon your own and other people’s behavior, to empathize, to remain flexible, to be open and tolerant, to be aware of and deal appropriately with your own prejudices and stereotypes (which we all have), intercultural sensitivity, and the ability to communicate. While acquiring intercultural proficiency is a lifelong process, these seminars do provide a very good opportunity to develop your skills and to find inspiration for further intercultural development.
A basic knowledge of cultural differences (e.g., cultural views of time) is also useful and therefore included in our seminars. But it can also lead to stereotyping. Our goal, therefore, is to strengthen your intercultural communication skills and abilities so that you can adapt your point of view as you encounter others with curiosity and openness and as you learn new things and exchange ideas constructive to all.
As trainers, we place a lot of value on practical experience and use techniques such as role-playing to give you the opportunity to gain intercultural experience in the training situation itself.
All intercultural training courses in the PIAYTA program are conceived to meet the criteria for Component A of the Certificate Inter-cultural Competence (CIC). You can find out more about the CIC here: www.uni-hamburg.de/internationales/cic
DIVERSITY DAY
18.06.2019

Workshops on Diversity
Campus Tours & Movie night
Bicycle crafting for women*
and Much More ...

More Information:
www.uni-hamburg.de/
gleichstellung/diversity
We need intercultural skills in our studies, on the job, and in daily life. If you move to a new location, get to know new groups, or your life situation changes, then you will likely be either directly or indirectly confronted with intercultural issues. But what are intercultural skills and why do we actually need them?

At this workshop, we will examine what terms such as “culture” and “intercultural skills” actually mean. Using experience-based learning, we will discover, critically examine, and reflect upon our self-perception, alienation, and affiliations. We will strengthen our empathy and ability to see things from another perspective. Discussion sessions will give you the opportunity to share your experiences and speak openly about insights you have gained. And if you are new in Germany or even in Hamburg, this is a nice opportunity to talk about your personal experiences and reflect on them.

**Learning objectives:**
- reflect upon our own affiliations, related values, and typical behaviors and ways of thinking
- recognize and use cultural differences in communication
- gain sensitivity and cultivate skills for dealing with intercultural situations

**Course content:**
- theoretical and practical approaches to the concepts of “culture” and “intercultural skills”
- understanding cultural concepts and features of diverse cultures
- critical reflection on prejudices, stereotyping, and social perceptions
- practical exercises on various aspects (e.g., notions of time and different styles of communication)

**Please note:** Block seminar — attendance is mandatory on both course dates!
INTERCULTURAL PREPARATION FOR ERASMUS + OUTGOING STUDENTS

Is your stay abroad coming up and you have the feeling that you need to do more than subject-specific and language preparation? You might be full of anticipation, but you keep asking yourself “What will it really be like living in a foreign country?” This intercultural preparation for your stay abroad is intended to help you be able to successfully navigate your daily life and studies — even when you are outside of your cultural comfort zones. In group exercises and discussions, and using various media formats, we will examine self- and social perceptions, stereotypes and prejudices, different working and communications styles, and our understanding of time and space. In this workshop, we will become aware of social and cultural faux pas to avoid and also focus on topics such as homesickness and loneliness. You will have the opportunity to share ideas and experiences with other students in a relaxed atmosphere, and you will leave the workshop looking forward to and feeling at ease about your stay abroad.

Learning objectives:
• reflect upon our own affiliations, related values, and typical behaviors and ways of thinking
• recognize and use cultural differences in communication
• gain sensitivity and cultivate skills for dealing with intercultural situations

Course content:
• theoretical and practical approaches to the concepts of “culture” and “intercultural skills”
• critical reflection on prejudices, stereotyping, and social perceptions
• practical exercises on various aspects (e.g., notions of time and different styles of communication)

Please note: Block seminar — attendance is mandatory on both course dates!

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<thead>
<tr>
<th>DATE COURSE A</th>
<th>Sat, 27.04.2019 and Sun, 28.04.2019, 10 am – 3:30 pm</th>
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<tr>
<td>COURSE B</td>
<td>Sat, 01.06.2019 and Sun, 02.06.2019, 10 am – 3:30 pm</td>
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<tr>
<td>PLACE</td>
<td>Rentzelstraße 17, conference room (ground floor)</td>
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<tr>
<td>ORGANIZERS</td>
<td>Course A Kathrin Pollow, MA in history, and Lara Manukyan, MA in Latin America studies; Course B Naida Mehmedbegovic Dreilich, MA in peace and security studies</td>
</tr>
<tr>
<td>LANGUAGE</td>
<td>German</td>
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<td>CIC</td>
<td>Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.</td>
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We need intercultural skills in our studies, on the job, and in daily life. If you move to a new location, get to know new groups, or your life situation changes, then you will likely be either directly or indirectly confronted with intercultural issues. But what are intercultural skills and why do we actually need them?

At this workshop, we will examine what terms such as “culture” and “intercultural skills” actually mean. Using experience-based learning, we will discover, critically examine, and reflect upon our self-perception, alienation, and affiliations. We will strengthen our empathy and ability to see things from another perspective. Discussion sessions will give you the opportunity to share your experiences and speak openly about insights you have gained. And if you are new in Germany or even in Hamburg, this is a nice opportunity to talk about your personal experiences and reflect on them.

Learning objectives:
• reflect upon our own affiliations, related values, and typical behaviors and ways of thinking
• recognize and use cultural differences in communication
• gain sensitivity and cultivate skills for dealing with intercultural situations

Course content:
• theoretical and practical approaches to the concepts of “culture” and “intercultural skills”
• critical reflection on prejudices, stereotyping, and social perceptions
• practical exercises on various aspects (e.g., notions of time and different styles of communication)

Please note: Block seminar — attendance is mandatory on both course dates!

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<td>PLACE</td>
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<tr>
<td>ORGANIZER</td>
<td>Kathrin Pollow, MA in history</td>
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<tr>
<td>LANGUAGE</td>
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MAJORITY? MINORITY? DIVERSITY!
A QUESTION OF PERSPECTIVE

You are studying at Universität Hamburg, taking part in student life, or have a job or are doing an internship. No matter what subject you’re studying, you interact with a wide range of people in many areas of your life. And, of course, you are part of this diversity yourself — various cultural and social backgrounds, different plans for life, and various sexual and gender identities. With regard to sexual and gender identities, we want to consider the particular situation of these “minorities.” We will look at intercultural approaches to anti-discrimination efforts, and together consider various perspectives on diversity that you may useful in your daily life.

Learning objectives:
• create lasting awareness for diversity in (your own) daily life

Course content:
• explanation of definitions related to diversity and queerness
• consider various perspectives of diversity
• analyze the range of diversity characteristics based on LGBTIQ lifestyles and an intercultural perspective
• identify similarities based on this analysis and learn how to deal with opposition
• recognize (personal) advantages of diversity

Please note: Block seminar — attendance is mandatory on both course dates!

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<th>DATE</th>
<th>Sat, 11.05.2019, 10 am – 4 pm and Sun, 12.05.2019, 11 am – 4 pm</th>
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<td>PLACE</td>
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<tr>
<td>ORGANIZERS</td>
<td>Markus Hoppe, social work (BA), and Vanessa Lamm, Diplom in education</td>
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<tr>
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<td>COOPERATION</td>
<td>Universitätskolleg</td>
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“Critical whiteness” is a term that we now read and hear all the time, but do we really know what it stands for? What does the term mean and what is critical whiteness good for?

In this workshop, we will deal with the origin of critical whiteness research and discuss its relevance for our personal daily life. We will look at the social category of race and trace its origin, consider the effects of structural and institutional racism, and reflect on privileges that white people automatically enjoy, either consciously or unconsciously. Through group exercises, video analysis, and discussion, we will become aware of our self-perception, question stereotypes, and try to practice a change of perspective. We will address the discomfort that white people experience when confronted with (their own) racism (white fragility). Ideally, we will create a space for the respectful exchange of thoughts and ideas on an important current social topic and expand our awareness of the prerequisites for equal communication between people of different origins and identities.

**Learning objectives:**
- learning to deal with the concepts related to the social category of race
- recognizing racist social structures
- recognizing white privilege
- becoming aware of — and promoting — anti-racist thinking and actions

**Course content:**
- historical overview of critical whiteness research and racism
- exercises for reflecting on white privilege and discussion of white fragility
- discussions, analysis, and reflection of (unconscious) everyday racism

**Please note:** Block seminar — attendance is mandatory on both course dates!

| DATE | German: Sat, 18.05.2019 and Sun, 19.05.2019, 10 am—3:30 pm  
|      | English: Thu, 23.05.2019 and Fri, 24.05.2019, 10 am—3:30 pm  |
| PLACE | Rentzelstraße 17, conference room (ground floor) |
| ORGANIZER | Kathrin Pollow, MA in history |
| LANGUAGES | German/English |
| CIC | Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend. |
| REGISTRATION | www.uni-hamburg.de/piasta-program |
Have you just returned from a semester abroad filled with many impressions and experiences? Did you learn a lot of new things but are still a little overwhelmed by being back in Hamburg? You’ve increased your subject-specific knowledge and language proficiency, but not just that. You were also able to learn about various cultures, taking some elements with you, and identify similarities and differences between cultures. Consciously or unconsciously, you developed your intercultural skills. Now is the time to learn how to effectively and intentionally use these skills, new knowledge, and many experiences in your (university) daily life.

One way to do this is to spend some time critically reflecting on various aspects of your study abroad — in view of intercultural skills. In group exercises, discussions, and media formats, we will address topics such as stereotypes and prejudices, different communication styles, dealing constructively with intercultural barriers, and experiencing interculturality and transculturality during a study abroad. And if you simply need help and thought-provoking ideas for your CIC report (self-reflective analysis), this is the right place for you.

Learning objectives:
- dealing constructively with intercultural barriers and gaining a new perspective of these upon your return
- reflecting on your study abroad and experiences gained as well as how your own sense of belonging has changed in regard to values, behavior, and ways of thinking
- describing personal experiences in view of intercultural skills
- connecting your experience to theoretical concepts you have learned
- practical exercises and discussion based on specific intercultural situations

Course content:
- reflecting — what does it involve?
- theoretical and practical approaches to the concepts of intercultural skills and interculturality vs. transculturality
- awareness of the differences between interculturality and transculturality
- critical reflection on prejudices, stereotyping, and social perceptions

Please note: Block seminar — attendance is mandatory on both course dates!
**DATE**  Sat, 25.05.2019 and Sun, 26.05.2019, 10 am – 3:30 pm  
**PLACE**  Rentzelstraße 17, conference room (ground floor)  
**ORGANIZERS**  Lara Manukyan, MA in Latin America studies  
**LANGUAGE**  German  
**CIC**  Can be recognized as Component A of the Certificate Intercultural Competence (CIC). This seminar will only be recognized for the CIC if students participate in both days of the training weekend.  
**REGISTRATION**  www.uni-hamburg.de/piasta-program

## EFFECTIVELY COMMUNICATING ACROSS CULTURES — LEADING DISCUSSIONS

Today, communication and intercultural skills are seen as key qualifications in universities and on the job and they are indispensable to effective communication and cooperation. This seminar aims to expand upon your communication skills, focusing especially on intercultural situations and how to respond accordingly to conversation partners from all over the world and in different contexts while remaining true to yourself.

### Learning objectives:
- reflect on your own culturally-conditioned behaviors and communication habits  
- recognize cultural differences in communication  
- acquire helpful tools and techniques to hone your own conversation skills  
- learn about helpful strategies for dealing with sensitive intercultural situations

### Course content:
- diverse communication models (e.g., Schulz von Thun)  
- practical exercises on (inter)cultural factors in diverse communication situations  
- constructive criticism in practice

### Please note: Block seminar — attendance is mandatory on both course dates!
<table>
<thead>
<tr>
<th>DATE</th>
<th>Sat, 08.06.2019, 2 – 6 pm and Sun, 09.06.2019, 10 am – 5 pm</th>
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<tbody>
<tr>
<td>PLACE</td>
<td>Rentzelsstraße 17, conference room (ground floor)</td>
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<tr>
<td>ORGANIZERS</td>
<td>Lea Kühne, Diplom in education, and Anne Neumann-Holbeck, MSc, clinical psychologist</td>
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<tr>
<td>LANGUAGE</td>
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<td><a href="http://www.uni-hamburg.de/piasta-program">www.uni-hamburg.de/piasta-program</a></td>
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### DIVERSITY SKILLS — DEALING CONSTRUCTIVELY WITH DIVERSITY

Diversity skills involve valuing diversity. But what does this look like in practice? In this seminar, we will focus especially on cultural diversity and also examine other dimensions of diversity. We will include a number of role-plays and exercises that deal with diversity and discrimination. In this seminar, we want to consider the viewpoints of various individuals and their specific needs. We will also watch film clips that illustrate a number of these perspectives.

**Learning objectives:**
- become aware of a variety of aspects related to diversity
- reflect on your own viewpoints and recognize your own prejudices
- cultivate skills in line with the core values of diversity

**Course content:**
- practical and theoretical approaches to the subject and the concept of diversity
- learning about the various dimensions of diversity
- practical exercises on dealing with diversity and discrimination

**Please note:** Block seminar — attendance is mandatory on both course dates!

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<thead>
<tr>
<th>DATE</th>
<th>Sat, 06.07.2019, 10 am – 5 pm and Sun, 07.07.2019, 10 am – 2 pm</th>
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<tr>
<td>PLACE</td>
<td>Rentzelsstraße 17, conference room (ground floor)</td>
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<tr>
<td>ORGANIZER</td>
<td>Irina Zueva, MA in business psychology</td>
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<tr>
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**IT SKILLS**

**WORD FOR ACADEMIC PAPERS**

Word is one of the most widely used programs to prepare academic papers. In this course, we will take an in-depth look at all of the major format requirements for academic papers (term papers, final theses, and dissertations).

**Learning objectives:**
- using Word effectively to format academic papers

**Course content:**
- basic principles of laying out academic papers
- basic principles for working with formatting and document templates
- basic principles of design
- using paging and paragraph functions
- margins, page format, headers and footers
- tables of contents, keyword indexes, page overviews, structuring, and numbering
- tables of figures as well as tables, footnotes, and endnotes

**Please note:** Block seminar — attendance is mandatory on both course dates!

**DATE**
- Sat, 27.04.2019 and Sun, 28.04.2019, 10 am – 4 pm
- Sat, 11.05.2019 and Sun, 12.05.2019, 10 am – 4 pm

**MEETING POINT**
tba online well in advance

**ORGANIZER**
Blendi Ramaj, Diplom in business administration

**LANGUAGE**
German

**REGISTRATION**
www.uni-hamburg.de/piasta-program

**EXCEL FOR BEGINNERS**

Excel is one of the most commonly used Microsoft Office programs. This course will introduce you to the world of Excel. It focuses on practical exercises using the computer.

**Learning objectives:**
- basic use of Excel
- using and understanding basic Excel functions
- proficient use of options using practical examples
Course content:
• basic principles of tables (filling out, moving, copying)
• using formulas and functions
• using relative, absolute, and combined cell references
• creating and quickly designing diagrams
• creating tables and linking pages and data
• tips and tricks for working with Excel

Please note: Block seminar — attendance is mandatory on both course dates!

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<tr>
<td>ORGANIZER</td>
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**POWERPOINT FOR BEGINNERS**

PowerPoint is one of the most commonly used Microsoft Office programs. This course will introduce you to the world of PowerPoint. It focuses on practical exercises using the computer.

Learning objectives:
• basic use of PowerPoint
• creating typical PowerPoint presentations for your studies

Course content:
• basic use of presentations
• basic text layout
• working with various PowerPoint slides
• working with templates
• producing slide masters
• creating and laying out illustrated objects and graphics

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ADVANCED EXCEL
This course builds upon the course Excel for Beginners.

Learning objectives:
• further development of basic Excel skills
• proficiency in using formulas and functions
• applying new skills in practical situations

Course content:
• working with large tables, sorting and filtering large quantities of data
• using advanced functions
• creating and adapting Pivot tables
• basic use of macros
• working with practical examples
• advanced tips and tricks for working with Excel

Please note: Block seminar — attendance is mandatory on both course dates!

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<tr>
<th>DATE</th>
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The increasingly difficult challenges of our time, such as climate change, world hunger, and the integration of refugees require innovative solutions. Social entrepreneurs devote themselves to tackling these challenges using new business ideas with the goal of affecting positive change rather than making a profit.

In this workshop, you will first receive an introduction to the subject of social entrepreneurship and then develop social business models through practical exercises and group work. And in doing so, you will develop ideas, learn to critically examine them, and equip yourself with the basic tools you need to make your idea a reality.

**Learning objectives:**
- become aware of the subject of social initiatives in business and expanding your horizons
- learn how to start a small business that has social importance (especially designed for students without a business background)
- gain motivation and self-confidence that will allow you to focus on the topic of positive change and start a business that supports your own personal convictions

**Course content:**
- basic overview of the history and approach of social entrepreneurship
- learning and applying methods to develop a social business model using practical examples
- critical thinking and evaluation of social business ideas and business models
- tips and practical experience: the most important success factors and typical mistakes in starting a business
- opportunities for private and public funding for social entrepreneurs
- helpful networks and points of contact for social entrepreneurs

**DATE**  Sun, 05.05.2019, 10 am – 6 pm

**PLACE**  Rentzelstraße 17, conference room (ground floor)

**ORGANIZER**  Sven Perten, BSc in business administration and social entrepreneurship

**LANGUAGES**  German/English

**REGISTRATION**  www.uni-hamburg.de/piasta-program

**COOPERATION**  Universität Hamburg Career Center
SURVIVAL TRAINING: VISA AND RESIDENCY
Residency status? Temporary residence permit? A blocked account? You just wanted to study in Hamburg and now you feel overwhelmed with all the organizational details? In this workshop, we’ll show you how to successfully navigate through Hamburg’s bureaucratic maze — what documents you need for your residence permit, how you can avoid problems with local authorities, and what you need to consider if you want to change your degree program. You will, of course, also have the opportunity to share your experiences with other students and we’ll give you the tips and tricks you need so that you can really concentrate on your studies.

Learning objectives:
• become aware of issues related to residency
• develop confidence when dealing with official matters
• gain an understanding of official terminology

Course content:
• basic knowledge regarding your stay in Germany
• clarification of official terms
• becoming familiar with different perspectives

Please note: Block seminar — attendance is mandatory on both course dates!

DATE  Fri, 17.05.2019, 1—7 pm
PLACE  Rentzelstraße 17, conference room (ground floor)
ORGANIZERS  Ina-Lotte Dühring, MA in intercultural communication, and Ama Pokua von Pereira, qualified lawyer
LANGUAGE  German
REGISTRATION  www.uni-hamburg.de/piasta-program
HELPING YOU TRANSITION TO A CAREER
THE CAREER CENTER HELPS STUDENTS AND GRADUATES:

• identify their potential
• define and redefine their professional goals
• develop career strategies
• make career decisions
• start and develop their careers
• contact, communicate, and cooperate with organizations and companies

We offer workshops, lecture series and discussion forums, counseling, career days, an information pool, and a virtual landscape for professional orientation.

Onwards and upwards with courage and self-confidence!

www.uni-hamburg.de/career-center
In general, Universität Hamburg offers a number of useful information channels for studying abroad. In addition, PIASTA provides a variety of consulting and information services designed especially for international students.

**INFORMATION AND ADVISING FOR INTERNATIONAL STUDENTS**

**INFORMATION BOOKLET: TO-DOS FOR NEW STUDENTS**

You’ve applied to Universität Hamburg, and are now wondering what the next steps are? The brochure “To-Dos for New Students” (PDF) contains useful information about the most important things you will need to take care of before you start studying — from registering in Hamburg to taking out insurance.

Information:
www.uni-hamburg.de/neuestudierende

**INFORMATION BOOKLET: RESIDENCY LAWS**

The City of Hamburg publishes a brochure for international students. The “Informationsbroschüre für internationale Studierende zum Aufenthaltsrecht” contains detailed information on residency laws:

- arriving in Germany
- residency laws for students
- part-time jobs and internships while studying
- employment in Germany after graduation
- permanent residency in Germany

Information:
www.uni-hamburg.de/aufenthalt
ADVICE FOR INTERNATIONAL STUDENTS
ON RESIDENCY AND SOCIAL MATTERS

Whether at the beginning, in the middle, or at the end of your studies, there are many questions that international students may have. What different types of proof of financing are accepted for renewing residence permits? What do I need to consider if I change my field of study or want to do an internship? You may also experience private, financial, or study-related difficulties. And sometimes not everything about your study abroad will go according to plan. It is important to find out the details early on and to seek support if you have any problems. We encourage you to come to one of our advising sessions, especially if you are unsure of who to turn to for help. We urge you make an appointment even if your problems seem to be minor.

<table>
<thead>
<tr>
<th>OFFICE HOURS</th>
<th>Tuesday and Thursday</th>
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<tr>
<td>Please go to the website <a href="http://www.uni-hamburg.de/aufenthalt">www.uni-hamburg.de/aufenthalt</a> to see if there are any changes such as canceled office hours due to illness or vacation.</td>
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<thead>
<tr>
<th>DATE AND PLACE</th>
<th>Tuesday, 1:30 – 3:30 pm, Rentzelstraße 17, Room 003 (ground floor), PIASTA Thursday, 3:30 – 5 pm, Alsterterrasse 1, Third Floor, Campus-Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADVISOR</td>
<td>Ama Pokua von Pereira</td>
</tr>
<tr>
<td>CONTACT</td>
<td>Tel: +49 40 42838-1602 Email: <a href="mailto:ama.vonpereira@verw.uni-hamburg.de">ama.vonpereira@verw.uni-hamburg.de</a></td>
</tr>
</tbody>
</table>

TARGET GROUP  International students and doctoral students as well as Universität Hamburg graduates

LANGUAGES  German/English

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<tr>
<th>OFFICE HOURS</th>
<th>By appointment only. Please contact me by email or phone and provide a brief description of your question or concern. I will offer you an appointment at the earliest date possible.</th>
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<tbody>
<tr>
<td>PLACE</td>
<td>Rentzelstraße 17, Room 003 (ground floor)</td>
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<tr>
<td>ADVISOR</td>
<td>Ina-Lotte Dühring</td>
</tr>
<tr>
<td>CONTACT</td>
<td>Tel: +49 40 42838-9518 Email: <a href="mailto:ina-lotte.duehring@verw.uni-hamburg.de">ina-lotte.duehring@verw.uni-hamburg.de</a></td>
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</table>

TARGET GROUP  International students and doctoral students as well as Universität Hamburg graduates

LANGUAGES  German/English
LEGAL ADVICE FOR INTERNATIONAL STUDENTS

We provide students, doctoral students, and recent graduates with free legal advice from an attorney. Find out about visas, extending residence permits, work permits, and employment in Germany after graduating.

Please note: There’s no need to sign up in advance, but please arrive by 6 pm at the latest.

Please go to the website www.uni-hamburg.de/aufenthalt to see if there are any changes such as canceled office hours due to illness or vacation.


PLACE  Rentzelstraße 17, Room 003 (ground floor)

ADVISOR  Björn Stehn, attorney

TARGET GROUP  International students and doctoral students as well as Universität Hamburg graduates

LANGUAGES  German/English

PSYCHOLOGICAL COUNSELING FOR INTERNATIONAL STUDENTS

Students may experience various psychological difficulties while studying. Some students feel extreme pressure to succeed, developing test anxiety or a fear of failure, while others become anxious about their professional prospects, questioning whether or not they have chosen the right course of studies. Then there are those who cannot concentrate on their studies because they are having problems in their personal relationships or at home, dealing with separation anxieties, or have developed psychosomatic disorders. What they all have in common is that they need support in their current situation so that they can continue to focus on their studies, their job search, or simply their daily lives.

We provide counseling for all kinds of problems and concerns that you would like to discuss confidentially; we can help you better deal with a difficult situation that you may find yourself in. Our goal is to identify the source of the problem and to work together to find a suitable solution. Do not hesitate to contact us, even if your concern may seem minor!
OFFICE HOURS  by appointment only, Thursday after 2 pm; Please contact me by email and provide a brief description of your question or concern. I will offer you an appointment at the earliest date possible. Please note that in some cases, this may take up to two to three weeks.

PLACE  Rentzelstraße 17, Room 003 (ground floor)

ADVISOR  Hila Safari, psychologist and trained mediator

CONTACT  hila.safari@uni-hamburg.de

TARGET GROUP  International students and doctoral students at Universität Hamburg

LANGUAGES  German/Farsi

ADVICE ON SCHOLARSHIPS FOR INTERNATIONAL STUDENTS

Merit scholarship program for international students
International students and recent graduates with outstanding academic records can apply for an annual stipend of €720 per month (maximum). For more information, please consult the Department of International Affairs website:
www.uni-hamburg.de/leistungsstipendien

Degree completion grants for international students
To complete their university studies, international students in need of financial support can apply for a monthly stipend of between €300 and a maximum of €720 monthly (depending on income). For more information, please consult the Department of International Affairs website:
www.uni-hamburg.de/examensstipendien

OFFICE HOURS  Office hours and additional information at:
www.uni-hamburg.de/internationales/kontakt

ADVISOR  Daniela Pérez Effinger

CONTACT  Tel: +49 40 42838-3311
daniela.perezeffinger@verw.uni-hamburg.de

TARGET GROUP  International students and doctoral students at Universität Hamburg

LANGUAGES  German/English/Spanish
ADVISING FOR THE CERTIFICATE INTERCULTURAL COMPETENCE AND OUTGOING STUDENTS

INFORMATION AND ADVICE ON ACQUIRING THE CERTIFICATE INTERCULTURAL COMPETENCE (CIC)

The Certificate Intercultural Competence (CIC) is awarded to students at Universität Hamburg who have dedicated their time to intercultural issues. The CIC therefore serves as recognition of intercultural involvement and is an additional distinction for students. The certificate encompasses the areas of intercultural training, international experience, intercultural activity, and intercultural studies. During the weekly office hours, interested students may receive information and tips on how they can acquire the CIC during their studies.

OFFICE HOURS
Office hours and additional information at: www.uni-hamburg.de/cic

OFFICE HOURS
Tuesdays, 4–5 pm (please sign up for an appointment in advance by email)

PLACE
Rentzelstraße 17

CONTACT
Annika Johannsen
Tel: +49 40 42838-7245
Email: annika.johannsen@uni-hamburg.de

LANGUAGES
German/English

INFORMATION AND ADVICE ON STUDYING ABROAD

How do I plan studying abroad? What exchange programs does Universität Hamburg offer? What kind of funding is available? The Study Abroad Team within the Department of International Affairs can provide answers to these and many other questions.

Going abroad is not only an opportunity to discover a new culture. It also expands your academic profile and improves your chances on the job market. You’ll see the world — and your own country — from another perspective. However, it is very important to plan your trip well in advance, as many programs have a long application process (in some cases, more than a year!).

The Study Abroad Team holds monthly information sessions and weekly office hours for individual advising.

OFFICE HOURS
Office hours and additional information at: www.uni-hamburg.de/outgoing

CONTACT
Email: outgoings@uni-hamburg.de
DOING AN INTERNSHIP ABROAD THROUGH ERASMUS+

An Erasmus+ internship is a great way to gain practical experience working in other European countries. Erasmus interns receive a monthly grant of between €310 and €410, depending on the host country. This grant is independent of the internship stipend. In addition to the monthly grant, you can also apply for a BAföG federal student loan for your time abroad. The Erasmus internship must last for at least two months and is funded for a maximum of six months. The application deadline for Erasmus+ grants for internships is at least four weeks prior to the beginning of the internship.

INFORMATION More information about the prerequisites, application forms, and grant amounts can be found at: www.uni-hamburg.de/erasmus → Erasmus+ internships: Doing an internship abroad through Erasmus

CONTACT Nadine Stäcker
Email: hochschulkoordinatorin.erasmus@verw.uni-hamburg.de

LANGUAGES German/English
OUR SERVICES FOR YOU
OUR SERVICES FOR YOU

We are a large team

We hail from many different countries and cultures, and work together at PIASTA. We are tutors, scholarship recipients, student and academic instructors, and interns!

Our team is multilingual

We offer advice and support in Brazilian Portuguese, Chinese, English, Farsi, French, German, Italian, Kyrgyz, Persian, Portuguese, Russian, Spanish, Turkish, and Ukrainian — and every semester, new languages are added! We can inform, advise, and support you. We also organize cultural events and leisure activities, seminars and workshops, as well as a Welcome Week at the start of the winter semester. We are a group of students helping students.

Our diversity connects us

We work and act across cultures. We are curious and open. We have a common interest in intercultural exchange at Universität Hamburg and work toward improving students’ academic and day-to-day experience.

Check out our website to find out more about us:
www.uni-hamburg.de/piasta/ueber-uns.html
News

Recent program changes can be found here:

... PIASTA newsletter

Our weekly newsletter contains PIASTA news as well as tips on other interesting international and intercultural events and workshops taking place in Hamburg. You can subscribe to or cancel the newsletter at:

You can subscribe to or cancel the newsletter at:
https://mailman.rrz.uni-hamburg.de/mailman/listinfo/infomail_piasta

... PIASTA Facebook page

We publish announcements and photos from recent events on the PIASTA Facebook page.
www.facebook.com/PIASTA.Uni.Hamburg
The **CERTIFICATE INTERCULTURAL COMPETENCE** is issued as part of an extracurricular program offered by Universität Hamburg. It is awarded to students and doctoral students of the University who demonstrate outstanding commitment to intercultural issues. It testifies to intercultural activity and is an additional distinction for students who might want to demonstrate that they possess intercultural soft skills, e.g., when applying for jobs. Participants must complete three of four components to earn the certificate.

The **CERTIFICATE INTERCULTURAL COMPETENCE** includes mandatory intercultural training as well as international experience, intercultural involvement, language courses, and elective courses with an international perspective.

German and international students in all of the faculties of Universität Hamburg are eligible to pursue the **CERTIFICATE INTERCULTURAL COMPETENCE** for free.

**COMPONENT A • INTERCULTURAL TRAINING**

**COMPONENT B • INTERNATIONAL EXPERIENCE**

**COMPONENT C • INTERNATIONAL CAMPUS**

**COMPONENT D • INTERCULTURAL STUDIES**

Further information and registration

[WWW.UNI-HAMBURG.DE/CIC](http://WWW.UNI-HAMBURG.DE/CIC)
COOPERATION

CERTIFICATE INTERCULTURAL COMPETENCE (CIC)
www.uni-hamburg.de/cic

We would like to thank all of the faculties, departments, organizations, and initiatives that have supported the Certificate Intercultural Competence:

AEGEE
www.aegee.de

AIESEC
www.aiesec.de

Amnesty International — Universität Hamburg group
www.amnesty-uni-hamburg.de

Buddy Program in the Faculty of Education
www.ew.uni-hamburg.de/de/internationales/buddy

Buddy Program in the Faculty of Business, Economics and Social Sciences
www.wiso.uni-hamburg.de/internationales/international-office/buddy-programm

Buddy Net in the Faculty of Law
www.jura.uni-hamburg.de/internationales/studierende/buddynet

Buddy Net in the Faculty of Medicine
www.uke.de/studium-lehre/international/buddy-net

Buddy Program in the Faculty of Mathematics, Informatics and Natural Sciences
www.min.uni-hamburg.de/internationales/studierendenmobilitaet/buddy

Copernicus
www.copernicus-stipendium.de

Enactus
www.unihamburg.enactus.de

Arbeitsstelle Studium und Beruf (academic affairs and career office), Department of Languages, Literature and Media I+II, Faculty of Humanities
www.uni-hamburg.de/astub

Faculty of Education
www.ew.uni-hamburg.de

Faculty of Mathematics, Informatics and Natural Sciences
www.min.uni-hamburg.de

Faculty of Psychology and Human Movement
www.pb.uni-hamburg.de

Faculty of Law
www.jura.uni-hamburg.de/internationales

Faculty of Business, Economics and Social Sciences — International Office
www.wiso.uni-hamburg.de/internationales
Universität Hamburg’s Guest House
www.gaestehaus-uni-hamburg.de

Local representatives of the German Medical Students’ Association (BVMD)
www.bvmd-hamburg.de

Hamburger TheaterSprachCamp (theater and language camp for kids)
www.jugenderholungswerk.de/index.php?id=59

HanseMUN
http://hansemun.de

oikos — local Hamburg chapter
http://oikos-international.org/hamburg

STUBE Nord
www.stube-nord.de

Studies Without Borders
www.studieren-ohne-grenzen.org

tba*
www.tbajournal.com

UNESCO Institute for Lifelong Learning
www.uii.unesco.org

Universitätsskolleg — writing center
https://www.universitaetskolleg.uni-hamburg.de/universitaetskolleg-2-0/schreibzentrum.html

University Players
www.universityplayers.de

Weitblick e. V. Hamburg
www.weitblicker.org/Stadt/Hamburg

Studierendenwerk Hamburg’s Welcome Tutoring Program
www.studierendenwerk-hamburg.de/studierendenwerk/en/wohnen/the_tutor_welcome_programme
PIASTA
Rentzelstraße 17
20146 Hamburg

Conference Room and Advising Room 003 on the ground floor
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EDITORS
Ina-Lotte Dühring, Christian Ederer, Angela Hudnell, Annika Johannsen, Annie Kao, Susanne Lott, Teresa Puig Stoltenberg, Roswitha Wörtz, Xiju Yang, and Saliha Yilmaz

TRANSLATION AND ENGLISH PROOFREADING
Kerstin Gackle (Translation)

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YEAR
Summer Semester 2019

UNIVERSITÄT HAMBURG
Universitätskolleg | Department of International Affairs

PIASTA
International Program for Students and Alumni
Rentzelstraße 17, 20146 Hamburg

www.uni-hamburg.de/piasta